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| **Wednesday, September 25, 2013 130925-1**  **In this Issue:**  **Metro Fit Challenge 5 Kicks Off Today**  **‘Station to Station’ Art Train Stopping at Union Station Tomorrow**  **Groundbreaking for the Lindero Canyon Road/101 Bridge Project**  **Construction Notice: Expo Phase 2** |
| **Metro Fit Challenge 5 Kicks Off Today**  The 5th Metro Fit Challenge starts today! Employees eager to lose weight and get in shape are encouraged to sign up. The Challenge provides staff the opportunity to reach their weight-loss and fitness goals with the support of their colleagues, and the chance to win prizes for their healthy achievements. For more information, please click [here](http://libraryarchives.metro.net/DB_Attachments/130925_Metro_Fit_Challenge_5_Flyer.pdf).  **‘Station to Station’ Art Train Stopping at Union Station Tomorrow**  Tomorrow, renowned Los Angeles artist Doug Aitken and his art train project [*Station to Station: A Nomadic Happening*](http://www.stationtostation.com/) will arrive in Los Angeles for a one-night only event. Station to Station pulls in to Union Station at 6:30 p.m. Although the concert is sold out, [amazing art yurts and sculptures are available](http://stationtostation.com/location/la/)for free public viewing outside of the ticketed area in the South Patio and former Fred Harvey restaurant. Artists will be producing art in real time and some of the pieces are also interactive. To read the complete story as posted on The Source and watch a video on this project, please click [here](http://thesource.metro.net/2013/09/25/station-to-station-art-train-stopping-at-union-station-this-thursday/). For information about Metro events at Union Station click [here](http://www.metro.net/about/union-station/).  **Groundbreaking for the Lindero Canyon Road/101 Bridge Project**  Today, the City of Westlake Village held a groundbreaking ceremony for the [Lindero Canyon/101 Freeway bridge project](http://thesource.metro.net/2013/08/21/lindero-canyon-road101-freeway-bridge-reconstruction-to-begin-sept-16/). When completed, the Lindero Canyon Road/101 bridge will feature an additional travel lane in each direction of traffic and a series of unique aesthetic improvements. Funding for this project is provided by Measure R. Metro Highway Program’s Lan Saadatnejadi was there to provide remarks. To view the complete story as posted on The Source, please click [here](http://thesource.metro.net/2013/09/25/city-of-westlake-village-holds-groundbreaking-for-lindero-canyon-bridge-widening-project/).  **Construction Notice: Expo Phase 2**  In preparation for the Expo Light Rail Line, work crews will continue construction to accommodate the stations and the new guideway along the center of Colorado Avenue. K-Rail will be placed along the center of Colorado Avenue to delineate the future guideway. Construction activities are scheduled to begin Thursday, September 26, 2013 through Summer, 2014. Colorado Avenue will be reduced to one eastbound and one westbound traffic lane between 5th Street and 17th Street. This lane reduction will go into effect during construction, and will remain as the permanent street configuration. Left turns will be prohibited from eastbound and westbound lanes on Colorado Avenue. No parking will be allowed on the north and south side of Colorado Avenue during construction. Once construction is complete, there will be limited metered parking on the north side of Colorado Avenue. Pedestrians will ONLY be allowed to cross Colorado Avenue at signaled intersections. Access will be maintained throughout all construction activities. Throughout construction, supplemental notices will be issued regarding street closures for track installation. Once complete, the Expo Light Rail Line will travel along the center of Colorado Avenue. To view the complete construction notice, please click [here](http://www.buildexpo.org/pdf_uploads/cons_2v2a9ordr3.pdf).  <http://www.buildexpo.org/pdf_uploads/cons_2v2a9ordr3.pdf> | |
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