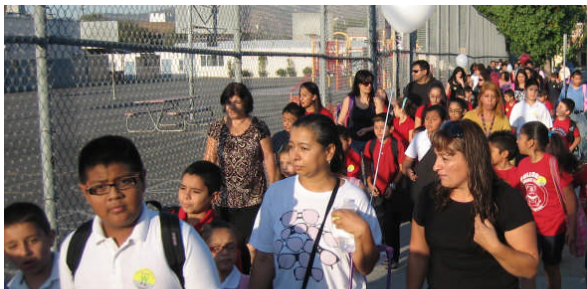




# Metro Safe Routes to School Programs for Elementary Schools



Walking and bicycling are an important part of leading a healthy lifestyle; however, many children don't start out the day with these activities. To help change this, Metro has taken the step of working with your school to develop safe and active travel options.

We're introducing a new program called Safe Routes to School (SRTS) to encourage the use of alternative travel modes among students, such as walking, biking, and riding public transit. The Metro SRTS Program can benefit your neighborhood and school community by promoting healthy exercise, reducing traffic congestion and improving air quality around your school.

Together we can create an environment where children can be physically active while staying healthy and safe.

The Metro Safe Routes to School Program includes:

- › Parent Training
- › Student Training
- › Walk & Bike to School Days
- › Community & School Events

For more information, contact Tham Nguyen at 213.922.2606 or [SRTS@metro.net](mailto:SRTS@metro.net).