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| **Tuesday, July 16, 2013130716-1****In this Issue:****Update on Metro’s Bicycle Safety Classes** |
| **Update on Metro’s Bicycle Safety Classes**As part of ongoing efforts to educate all road users, our agency is offering free bicycle traffic safety classes through the end of September 2013. Safety is a major concern for cyclists, so these workshops will teach skills needed for riding a bike safely and confidently with traffic, on city and residential streets, or just about anywhere in the Los Angeles County. There are two different classes to choose from: Street Cycling Skills, an in-depth, eight-hour course, and Bicycling on the Road: Need to Know, a shorter, more basic three-hour course. The three hour course is also offered in Spanish called Seguridad en tu Bici. Metro has partnered with local bicycling organizations such as Los Angeles Bicycle Coalition, Bike San Gabriel Valley and Multi-Cultural Communities for Mobility to teach the classes. Registration is required and participants must be over 18 years of age. All class members receive a free helmet, a set of front and rear bike lights and a safety manual. If interested, I urge you to [register](http://www.simplesend.com/simple/t.asp?S=336&ID=&NL=4423&N=80581&SI=4255814&URL=http%3A%2F%2Fwww%2Emetro%2Enet%2Fbikes%2Fbikes%2Dmetro%2Fupcoming%2Dbike%2Dmetro%2Devents%2F) for bicycle safety classes this summer because spots are going fast! To read the complete story as posted on The Source, please click [here](http://www.simplesend.com/simple/t.asp?S=336&ID=&NL=4423&N=80581&SI=4255814&URL=http%3A%2F%2Fthesource%2Emetro%2Enet%2F2013%2F07%2F16%2Fmetros%2Dbicycle%2Dsafety%2Dskills%2Dclasses%2Dare%2Dfilling%2Dup%2Dfast%2F).  |
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