

# District and Unions Reach Contract Accords

Members of the United Transportation Union (UTU) in April voted 3,033 to 292 to ratify a 41-month labor contract with the District, the longest in RTD history.

"For the first time since 1969, the District has successfully renegotiated a contract with our drivers when there wasn't a strike in progress," RTD Board President Nick Patsouras noted.

"This landmark agreement signals a new era in labor stability at the RTD, which is imperative at a time when the District faces substantial losses in local and federal operating assistance," Patsouras said. "The UTU leadership recognized these financial constraints and worked with us to fashion an accord that is both fair to our employees and the 1.7 million daily riders who depend on RTD for transit services."

Under the terms of the contract, which is retroactive to February 1, 1985 and extends through June 30, 1988, RTD operators will receive a 4.5 percent increase in wages and fringe benefits over their last contract in each of the next three years.

In exchange, the District will realize significant cost savings by utilizing part-time operators up to 30 hours a week including Saturdays and Sundays. Part-time operators previously were limited to working a maximum of 25 hours a week and barred from weekend shifts.



RTD Board President Nick Patsouras announces an agreement between the District and the United Transportation Union at an April press conference. In foreground is General Manager John A. Dyer. Seated next to Dyer is UTU General Chairman Earl Clark, President Patsouras, and Mayor Tom Bradley. In the background, seated, are some members of the District's negotiating team (from left to right): Transportation Superintendent Leilia Bailey, Director of Employee Relations Roger Kundert, Division 9 Transportation Manager Jim Cenderelli, and Division 5 Transportation Manager Ralph Wilson.

If the District loses 20 percent of its federal operating assistance, part-time operators also could work an additional 10 hours a week under agreements with local cities and the County of Los Angeles that contract with RTD for transit services.

Changes in discipline rules

including a move to reduce absenteeism also will generate savings for the District.

Other contract highlights include:

- A 21-cent increase in operators' hourly wages retroactive to last February 1. The raise boosts top

hourly rates for full-time operators to \$13. An average RTD operator will make \$12.18 an hour.

- Effective February 1, 1986, operators will receive an additional 26 cents an hour; 24 cents more on February 1, 1987, and a five-cent raise February 1, 1988.
- Maintain cost-of-living adjustments tied to the local consumer price index.
- Improvements in health and pension benefits and an extra floating holiday in honor of Martin Luther King's birthday.
- Guarantee of 10 percent recovery time, or at least six minutes, whichever is greater, for drivers at the end of their regular routes for every hour behind the wheel.

The Brotherhood of Railway, Airline and Steamship Clerks which represents 740 District clerks voted 286 to 81 to ratify an agreement reached April 25. The District Board of Directors approved the contract May 2.

At the time the *Headway* went to press no details were available regarding the Amalgamated Transit Union contract. Its earlier settlement with the District fell through over a dispute involving the definition of a cost-of-living clause.

## HEADWAY



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### Inside This Issue

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### Accessible Service

## Task Forces Issue Recommendations to Operations

Employees from Division 8 recently took buses to Miller High School in Reseda to demonstrate the wheel-chair lift operation to physically disabled students.

With the help of these District operators, mechanics, and instructors, the students were able to practice boarding and alighting the buses as many times as they wished. Judging by the smiles of the students and District personnel, everyone got the hang of it and the operation was declared a success. The crew from Division 8 is just one of five divisions participating in a task force on accessible service to the physically disabled.

Beginning in February, Divisions 2, 5, 8, 15, and 18 each set up a three-month task force at their respective divisions. Specifically, each division task force evaluated problems regarding operator attitude, lift reliability, equipment design, and boarding and alighting procedures. The task forces were initiated in response to the District's commitment to improve accessible service.

The groups met once every two weeks. The participants included, both transportation and maintenance division managers, a

transportation senior instructor, three operators, a maintenance



Operator Jesus Saldana directs student on the proper lift alighting procedure.

supervisor or instructor, and three mechanics.

During May, the groups presented their recommendations to the Operations department heads. The Operating departments group included Maintenance General, Transportation General, Transportation Instruction, Operations Control and Services, Equipment Engineering, and Schedules. The recommendations were evaluated by management and an implementation plan developed. The recommendations implemented will be published in the next issue of *Headway*.

Prior to their actual group sessions, each task force participant received training in the task force objective, systems procedures, problem-solving techniques, and documentation procedures.

The structure and design of the task forces evolved from a quality circle pilot program implemented last spring at Divisions 5 and 8. These two groups met for six months and produced several recommendations that have been implemented. Those implemented recommendations include a lift-use training/demonstration program for operators and wheelchair passengers, and a program to modify the bell cords in the AM

General and Carpenter buses.



Administrative Analyst and Task Force Facilitator Kim Massey-Eberle discusses student's concerns about wheelchair lift procedures.

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*Delgadillo on the Mend*

## Transit Police Aid LAPD in Nabbing Suspect



LAPD Officer Byrd (right) expressing thanks and appreciation to Transit Police Investigator Ranulfo Delgadillo (center). Transit Police Chief, James Burgess (left) looks on. Investigator Delgadillo sustained a broken arm assisting Officer Byrd.

The Transit Police Department serves the District in protecting its employees, properties, and patrons. These men and women receive the same intensive training as other law enforcement officers in this State. They take action to help and protect others in potentially dangerous situations.

Such was the case on April 10, when Investigator Ranulfo Delgadillo and his partner, Officer San Roman, were working in the area of Sunset and Vermont. The officers observed that a lone LAPD motor officer had stopped a vehicle. The officers stopped to back-up the LAPD officer. As the officers were being advised that the vehicle was stolen, the suspect bolted and fled from the location. Investigator Delgadillo and his partner immediately gave chase to the fleeing suspect. During the foot pursuit, Investigator Delgadillo fell and suffered a fractured forearm and separated right wrist.

On April 23, Officer Byrd and five other LAPD motor officers, accompanied by Transit Police Chief Burgess and Sgt. Ray Thomas, honored Investigator Delgadillo for his unhesitating assistance to Officer Byrd.

Investigator Delgadillo is recovering rapidly and is looking forward to returning to work.

## Ridership Records Keep Soaring

District ridership continues to break records. A new all-time high for a single day was reached Wednesday, March 20, 1985, when District buses carried 1,736,000 boardings, surpassing the previous record of 1,735,000 boardings set on February 25, 1985.

The District recorded a new weekday average ridership record during the month of March, as average weekday boardings climbed to 1,622,000 representing an increase of 3.1 percent over March of last year and 15.1 percent over the same period two years ago.

Weekend ridership also set new records, with Saturdays recording an average of 1,063,000 boardings, an increase of 4.5 percent over last month and 7.1 percent over March a year ago. Boardings on Saturday, March 9, 1985 edged up over previous highs to 1,105,000. Sunday ridership also continued to soar, averaging 719,000 boardings, increasing 1.3 percent over last month and 5.5 percent over the same period a year ago.

Total patronage for March was 49.7 million boardings compared to 47.7 million last year and 41.5 million recorded in March two years ago.

## ESP Can Mean Big Bucks

The District's Employee Suggestion Program (ESP), now in its third year, has gotten off to a great start. So far three awards, totalling \$2,050 have been presented to District employees for outstanding suggestions (see photo on page 6).

"The ESP Committee is looking forward to recommending monetary awards for many more suggestions throughout the remainder of the year," said Kathi Harper, ESP Coordinator. "First, we have to let the employees know that the ESP is not to be used to voice complaints or to change routes, schedules, and procedures. These complaints or changes should be referred to the employee's supervisor rather than to the ESP."

In order for the ESP committee to render a fair evaluation of an idea, the suggestion must be submitted on the ESP Application form and must include (1) the cost of the procedure currently in effect (materials, labor, etc.), (2) the cost to implement the recommended procedure (materials, labor, etc.), (3) the number of work locations

affected by the idea, (4) the dollar amount the District will save a year, and (5) whether the idea has been implemented. Once the committee has this information, an ESP committee evaluator with expertise in the subject area will verify the figures submitted by the employee and determine the feasibility of implementing the suggestion.

If the suggestion proves to be a good idea, the committee will recommend an award. Monetary awards are only made for suggestions that save the District money. These awards usually equal 10 percent of the first year's savings. However, the award will not be less than \$50 and will not exceed \$1,000. In addition to receiving a check in front of the Board of Directors, the employee's picture will be in the *Headway*.

Employees who submit suggestions of merit that don't save money but do promote safety or benefit the District by their effect on employees will receive a token award and a certificate of commendation. The token awards range from a small tape measure to a large carry-all bag.



Employee Suggestion Program (ESP) Committee members gather round to hear Senior Equipment Maintenance Instructor Mike Stange (far left) explain the merits of a suggested innovation. From left to right: ESP Coordinator Kathi S. Harper, Communications Representative Jim Abernethy, Senior Staff Assistant Dick Christie, and Schedule Planner Joe Cooper.

## Special Olympics Gets "Visitor"



Members of the contingent with a child of one of the volunteers. To the far right, kneeling, is Carolyn Kinkead.

In costume as an alien "Visitor," Carolyn Kinkead, a Personnel Department word processor operator, was one of the many volunteers assisting the Fifteenth Annual Southeast Los Angeles County Special Olympics held in April.

The games took place at Cerritos College in Norwalk. Over two hundred "special" athletes, ranging from eight years old to over forty, participated in the event, which celebrates the ability of the human will to triumph over both physical and mental handicaps.

Carolyn was a member of the group that accompanied Paula Crist, this year's Grand Marshall. Ms. Crist, actress and stuntwoman, came costumed as Commander Lydia, an alien "Visitor" from the television series "V." Carolyn's group, called the Contingent, is an informal group of science fiction fans whose activities usually include science fiction conventions and costuming. Eager to participate, the Contingent also dressed as Visitors. "The group's been doing the characters for almost a year now, and this was a wonderful opportunity. We've gone

places before in the costumes, but never anything like this. The kids recognized who we're supposed to be, and they went crazy over it," said Carolyn.

"At the Special Olympics, we divided our time between the track and swimming events, spending the morning at the pool and the rest of the afternoon in the main stadium."

"We cheered the kids on and helped award the ribbons. They have to be one of the friendliest, open, honest groups of people I have met in a long time. They were glad we came and made us feel very welcome. It's a difficult feeling to explain — they're so enthusiastic and so determined; just watching them participate can put a lump in your throat."

"Some of these kids are very good record holders in their events, and some of them, well, it's the effort that's important. It's great to watch someone beat his personal record — go a little farther, a little faster — and be excited that they did that, no matter where they placed."



# Division Accessible Service Task Forces

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Commenting on the progress of the task forces, Director of Transportation Ed Nash said, "The task forces have become a valuable adjunct in our efforts to provide optimum, timely service for our

physically disabled ridership. As a result of their endeavors, we will soon see substantial enhancement in accessible transportation."



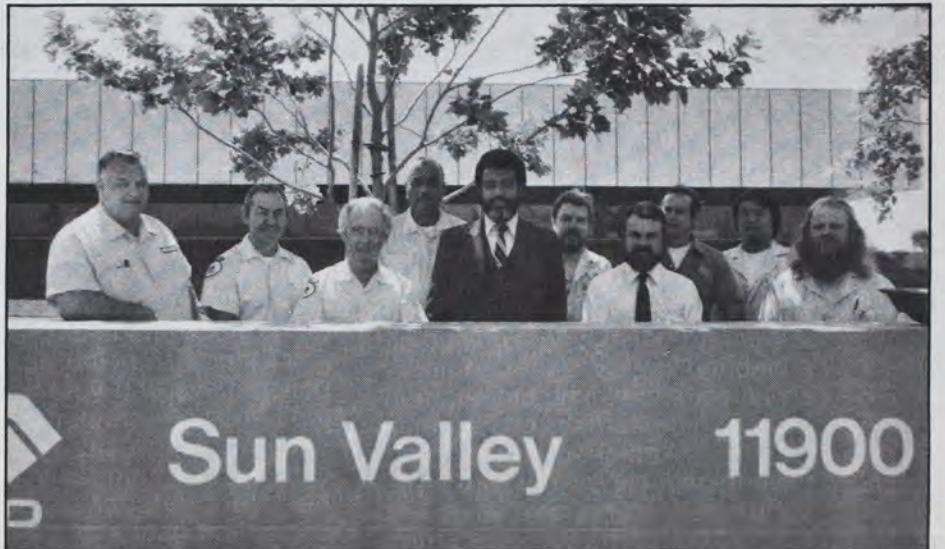
Division 2 Accessible Service Task Force (from left to right): Mechanic Steve Johnson, Mechanic Orville Steenbock, Mechanic David Diehl, Assistant Manager Maceo Bethel, Operator Felix Rubio, Operator Homer Rogers, Jr., Senior Instructor Richard Small. Not shown are Transportation Manager Don Karlson, Maintenance Manager Larry Mansker, Supervisor James Stuart, and operator Maudele Rayford.



Division 8 Accessible Service Task Force (front row from left) students Rey Robles, Dean LaZar, and Richard Bacon. Back row from left: Operator Ralph Smith, Maintenance Instructor Willie Michael, Maintenance Manager Emilio Caballero, Operator Jesus Saldana, Mechanic Gene Trombley, Line Instructor Edmund White, Senior Instructor Phillip Smith, and Administrative Analyst Kim Massey-Eberle. Not shown are Transportation Manager Audrey Ortiz and Mechanic Dennis Goms.



Division 5 Accessible Service Task Force (from left to right): Senior Instructor Lou Hubert, Operator Frances Lakey, Transportation Assistant Manager Bill Griffin, Operator Alvin Hamm, Mechanic Steve Hearn III, Operator Verena Stewart, Mechanic Warren Knox, Mechanic Rubio Yezid, and Maintenance Manager Luchus Smith. Not shown is Maintenance Supervisor Theral Golden.



Division 15 Accessible Service Task Force (left to right): Senior Instructor Mel Holt, Operator Nicholas Tummolo, Operator Forest Churchill, Operator Mercer Cantrell, Transportation Manager Marcus Johnson, Mechanic Sonny Erickson, Maintenance Manager Pat Orr, Maintenance Supervisor Joe Nagy, Mechanic Vic Uemura, and Mechanic Dean Funk. Not shown is Operator Harold Richardson.

## Operators Recognized for March

Of the 4,280 regular operators eligible to participate in the Operator Sweepstakes, 32 percent (or 1,364) qualified by maintaining perfect records for the month of March. Division 16 had the most operators in their drawing — 55 percent of the operators qualified.

The Sweepstakes are one category of the Operator Recognition Program, which has as its purpose to recognize and reward the District's many outstanding bus operators. The other award is the Manager's Award. Each division manager selects an operator from their division to receive this award. Selection is based on an operator's overall work record. The operator who receives the Manager's Award gets a check for \$35, a certificate, and their name on the hall of fame plaque.

The Sweepstakes are open to all operators whose overall work record meets the criteria of good attendance, courtesy, safety, attention to duty, and no rule violations. Meeting this criteria, each operator's name is included in a drawing for \$100. Drawings are held at each division the same day the Manager's Award winner is announced.

The theme of this program is "In Pursuit of Excellence." Those succeeding in their pursuit are

listed below.

### Manager's Award

Division	Operator
3201	Howard R. Davis
3202	Lloyd B. Horton
3203	Earl Cobbs
3205	Robert L. Foreman
3206	Hector Gutierrez
3207	Tyrone M. Fordham
3208	Ward T. Gilley
3209	Myrna E. Wallace
3210	Charles W. Helton
3212	Clarence E. Andrews
3215	Nancy Sunfield
3216	Joseph Bailey
3218	Irene J. King

### Sweepstakes Award

Division	Operator
3201	Amadeo S. Montoya
3202	Melvin Garrett
	Alberto Rivadeneyra
3203	Luis A. Munoz
3205	Ferdinand F. Foye
	Roger Thompson
3206	Patricia Winston
3207	Curtis I. Hays
	Aubery L. McGlory
3208	Michael Kochanski
3209	Philip A. Calaway
	Dennis W. Munson
3210	Lou E. Houston
3212	Leo W. King
3215	Edward B. Blancarte
	Percy L. Rhodes
3216	Jasper Bullock
3218	"BW" Robertson



Division 18 Accessible Service Task Force (from left to right): Transportation Manager John Adams, Maintenance Manager Milton Spencer, Maintenance Supervisor John Warth, Assistant Manager James Lukens, Senior Instructor C.T. White, Operator Bobby Malbrough, Operator Robert Reamer, and Operator Maurice Smith. Not shown is Mechanic Lisandro Martinez.

## Attendance Slogan Winners Named

It was difficult for the Personnel committee to choose from among the thoughtful, original entries for the Attendance Incentive Slogan Contest. It was decided after reviewing the entries, to add prizes for runner-ups. The second and third place winning entries will be used at a later date. A special surprise category was created for one entry. The winner's name will be announced, but the slogan itself will be kept secret until it is used. The award winning slogans and their creators are as follows:

**First place: (\$75.00)** "Be here for

us; we're here for you!" — Valerie A. Nobili, Division 3, part-time operator.

**Second place: (\$50.00)** "Show up and be counted! For service, with pride." — Bob Maitino, Division 12, operator.

**Third place: (\$25.00)** "Regular attendance and punctuality: they're habit-forming." — Ira Trachter, management intern.

**Special Category Winner: (\$25.00)** Mark Van Volkenburg, Marketing Department, general clerk.





# JOIN THE FUN!

In conjunction with Office Aerobic Services, and with the assistance of nineteen participating agencies, the District is sponsoring its first Health Awareness Fair for all employees, on Sunday, June 23, at Division 10, from 1:00 until 4:00 in the afternoon.

The Office Aerobic team will perform to music on stage. The L.A. City Fire Department Paramedic Wagon will be open to visitors. Officer Byrd of the L.A. Police Department will be on stage at 1:30 with his famous pet. La Cameo Cosmetics International will demonstrate cosmetics made from natural products and will make up volunteers. There will be an exercise attire fashion show by the Fashion Warehouse, a magician, and a clever skit. A clown will dispense balloons.

Since nutrition is an important aspect of health, the District will supply high fiber, low calorie popcorn. Chef's Annex will offer low calorie desserts; and fresh fruit juices, fruit, nuts, seeds and other healthy snacks will be provided.

A variety of specific health diagnostic tests, and activities designed to measure physical fitness will be offered at 25 different booths. Life Diagnostics will provide an ultrasound scanner that will project a picture of possible arterial plaque buildup enabling the participant to see how healthy his or her arteries appear. Office

Aerobic Service will provide a Body Composition test to compare the percentage of body fat to muscle and lean.

Hearing, vision, teeth and mouth, blood pressure, pulse, height, and weight will be checked. Blood sugar levels will be checked for those interested in discovering their proneness to diabetes. A booth to dispense colol-rectal screening kits will be provided by the Memorial Hospital of Glendale. The YMCA will give a test to measure physical fitness.

The attraction of some booths will include demonstrations. The Ludwig Gym Equipment Company will demonstrate exercise machines. There will be a CPR demonstration. A Healthy Back booth and the Blue Cross Longevity Game will also be featured.

The information provided by the Women's Hospital Booth will include an explanation of the process and importance of regular breast examinations, of pap smear tests, and information concerning Battered Women. The other booths providing information will include the Alcohol Council of South Central Los Angeles, the Sickle Cell Anemia Center, and the Employee Assistance Program.

In addition, there will be door prizes. Among the prizes will be a certificate for a pair of NIKE shoes, an aerobics outfit and aerobics T-shirts, a health club membership, and more.

## WORD SEARCH

Find and circle words related to wellness or health (some overlap)

P E A R S C I M I N E R A L S A L A D S  
 E G G S F I B E R G L A U C O M A G R T S  
 A R M V E G E T A B L E S F R E S H A T R  
 C A N E D A E T B L O O D I E S T M A I R  
 N R A I P R E T S S U R E O I S J U I C E S  
 B E A N U E T E S E N E R G Y M H S N E S S  
 O H E A L T H I N G L A S S E S C U E S S  
 V O R E S T E N S E A P O U N D L A R A F  
 I J O G E E Y A M E X E R C I S E E R F F  
 T A B R E A T H E C A L O R I E S S U P E  
 A F I T O S C A L E S U N U T S R U N P  
 M R C A L M O X Y G E N G O E S T Y E S  
 I U S T R O K E I N S U G A R M W E E M  
 S T R E T C H E G A P P L E D K I D L L K  
 O E G G P L A N T I T R U S E E D L E K

- |          |           |            |          |          |
|----------|-----------|------------|----------|----------|
| BEARS    | NUTRITION | HOG        | FISH     | BEAN     |
| EXERCISE | FAT       | PEACH      | CITRUS   | GRAIN    |
| STROKE   | MUSCLE    | ARM        | TENSE    | RELAX    |
| BREATHE  | OXYGEN    | DIET       | CALM     | APPLE    |
| HEALTH   | BLOOD     | DIET       | RUN      | AEROBICS |
| FIBER    | PRESSURE  | CIGARETTE  | CALORIES | STRONG   |
| NUTS     | FIT       | JOG        | GLAUCOMA | STRESS   |
| LUNG     | HEART     | SMOKE      | TEETH    | ENERGY   |
| SEE      | EAT       | SUGAR      | GLASSES  | SCALES   |
| COKE     | STRETCH   | FRUIT      | VEIN     | EYE      |
| CARE     | PULSE     | VEGETABLES | POUND    | RIDE     |
| SUN      | REST      | GYM        | ATE      | FRESH    |
| AIR      | SEED      | SLEEP      | WALK     | MINERALS |
| EGGS     | RYE       | MEAT       | THIN     | SAFE     |
| KID      | LYING     | MILK       | OIL      | SALADS   |
|          | EGGPLANT  |            |          |          |

# To Your Health

## Permanent Weight Loss—No Quick Fix



by Elia Hager  
Visiting Nurse

Before you attempt a permanent weight-loss program you must know if you have any underlying medical problem(s). You need to know if you are physically able to undergo the stress of weight loss and the underlying cause for your weight gain.

If your physician has said that it's alright to lose weight, and the underlying cause of your weight gain is overeating, you need to identify your total eating habits and your individual eating patterns. Write down everything you eat or drink for the next two weeks. This food diary will contain what you eat, how much you eat, where you eat, and at what time you eat.

### YOUR NOTEBOOK

In a notebook, divide the pages in four columns and label each column Food, Amount, Location, and Time. Be sure to date each page. You will write in your diary **everything** you eat. From the stick of gum to the taste of your friend's sandwich, even each glass of water will be noted. You must be totally honest. Doing so will give you insight to the where, what, and maybe the why of your overeating.

### BE PATIENT

Don't try to interpret the results of your diary until after two complete weeks of documentation and don't alter your eating habits until *after* you've finished information gathering. You will become aware of what type of eater you are through your eating patterns. With the help of your honest food diary

you'll be able to identify your own periods of invisible eating. That is, eating habits which are outside mealtime: eating during entertainment times in front of the TV, snacks at your work area, at the movies, etc. These are habits based on a social need and can be the easiest to eliminate.

### VISIBLE EATING

As part of your food awareness and permanent weight loss you won't eat on the run or stand to eat but you will set a place at the table. Be aware of when you eat, what you eat, and why you eat. Another caution, when you cook, don't taste the food — if you aren't careful the cook can eat a full meal in the disguise of adjusting the seasonings.

### CALORIES DO COUNT

Another modification in a weight-loss program is an increase of your activity level. Simply stated, if you use more calories than you have eaten, you will lose weight. Activity plays a big role in weight loss and keeping the weight off. As your activity level rises and you modify your eating, not only will you experience a sense of well being but you will be losing the weight you wish. (The more active you are, the more you can eat.) Or, if you cut 200 calories from your daily diet and do energetic exercise for 15 minutes each day, in a year you will be 30 to 35 pounds lighter than you are today.

More on permanent weight loss next month.

## More on Diets and Food

### Starvation Diets

Diets that limit food intake to 400 to 1,000 calories will set the body in a starvation mode. Rather than mobilizing and metabolizing the body fat, the muscle tissue is broken down for body fuel. Within two weeks, muscle deterioration is felt as profound fatigue. Even if you take vitamins this fatigue dips the dieter into a depression which will likely cause the dieter to satisfy an emotional craving by overeating; thus, any weight loss will be quickly regained.

### Diet Powders and Diet Aids

Powders and diet aids help to lose weight but none train the dieter to modify the appetite to eat less or to eat properly. To permanently lose weight, the dieter needs to admit his/her overeating, and that losing weight is hard work! Motivation is the true diet aid and is the dieter's key to success.

### Calories

Each person requires calories

just to function. If you gain weight you have eaten more calories than you need. When eaten, fat is the highest concentrate of calories of all nutrients. The following are common foods that are high in fat and because of this are high in calories:

Mayonnaise	100	1 T
Cream Cheese	150	2 T
Low-Fat Yogurt	260	1 cup
French Fries	210	1 serving
Big Mac	563	1
Egg McMuffin	327	1
Strips of Bacon	104	3
Sausage	225	3
M & M's	327	1 small bag
Haagen Daz Ice Cream	371	3/4 cup
Chocolate Cake	365	1 1/2" wedge
Potato Chips	114	10 chips

### Low-Fat/Low-Calorie Foods

Plain Fresh Popcorn (popped at home)	6	1 cup
Buttered Popcorn (popped at home)	40-65	1 cup
Strawberries (fresh)	23	1 cup



# What You Should Know About Auto Accidents, But Were Afraid To Ask

**Editor's Note:** Headway is pleased to present the fourth in a series of articles devoted to a variety of legal issues and concerns. This column is intended to provide general information only, not specific legal advice. For advice regarding specific legal matters, readers are advised to consult an attorney. The authors of this column welcome any comments or questions from readers. Send letters to: Headway Second Floor, 425 S. Main St., Los Angeles Ca. 90013.

by Larry B. Penney

**CRASH!!!** You never believed it would happen to you, but it did. What you do next, or fail to do, can cost or save you money, time, and aggravation.

Clip out the following list of Dos and Don'ts and put it in your car. If you have an accident, use the list as a guideline. You can't expect to remember everything in the shock and confusion following a collision. Don't worry if you find it impossible to follow the list exactly. To the extent you can follow the list, however, you can save yourself money, worry, and aggravation.

If you are involved in a vehicle collision, as a driver or a passenger, you should:

**DOs**

1. Stop at the scene.
2. Identify yourself to the other driver.
3. Write down the following information:
  - a) Name, address and driver's license of the drivers of all vehicles involved.
  - b) The name, address and driver's license number of the passengers of all vehicles involved.
  - c) A description of each vehicle, including license plate number, and a description of the damage done to each vehicle involved.

- d) The location of the accident.
  - e) The insurance information about each vehicle, including the name of the insurance company, and the policy number.
  - f) The name and address of the registered owner of each vehicle, from the registration slip(s).
  - g) As much information as possible about any and all witnesses. Include name, address, and driver's license number, as well as a description of what the witness told you he or she saw.
4. If the other driver admits fault, have that driver put the admission in writing, and have him sign it.
  5. If the other driver admits fault, but refuses or is unable to write a statement, you should write down what was said.
  6. Call the police and ask them to come to the accident scene and to make a report.
  7. Report the accident to your insurance company.
  8. Write down a description of what happened.
  9. Draw a diagram of the accident scene. Mark each point of impact, and mark the location of the vehicles after the collision.
  10. If possible, take photographs of the scene, the vehicles, and the parties involved.
  11. Obtain legal advice.

**DON'Ts**

1. Leave the accident scene before identifying yourself to the other driver(s).
2. Admit fault.
3. Get into a fight or argument.
4. Say you are not hurt if you feel pain, dizziness, or are nervous or upset (don't drive then, either).
5. Agree to let the other driver(s) take care of the matter by paying you on the spot so s/he won't have to report the accident to his/her insurance company.

6. Let the other driver(s) talk you out of calling the police, or reporting the accident to his/her insurance company.
7. Talk to the other driver's insurance company, or give a signed or recorded statement, before you have obtained legal advice.

This list of DOs and DON'Ts is simply a guideline. The idea is for you to obtain as much information as possible about what happened and who was involved. If you can obtain employment information about the other people, do so. If you can get telephone numbers, do so. Make sure you get the addresses, as well as the telephone numbers, however.

If you are injured in the collision, get immediate medical attention. Don't put off going to the doctor in the hope that the pain will go away.

Call a lawyer and get legal advice. Most lawyers who handle accident cases offer free consultations. This is your chance to get valuable information from a lawyer at no cost to you. Take advantage of such an opportunity.

If your accident is a minor one, don't treat it lightly just because you don't think there is much damage. Minor impacts can, and often do, cause serious and painful injuries which may not occur for hours, or even days, after the collision. There are cases in which the collision was so light that there was no visible damage to the vehicles, yet, the occupants suffered serious permanent injuries which required surgery.

Remember: You should get as much information as you can. Get information at the scene of the accident about how it occurred, who was involved, and who saw it happen. Get information from your mechanic about the damage to your car. Get information from your doctor about your injuries. Get information from your lawyer about your legal rights.

There are two things which you should do *before* you have an

accident. They are:

1. Get insurance.
2. Use a seat belt.

It is illegal to drive in California unless you are covered by public liability insurance. If you are in an accident in which *anyone* (including yourself) is injured, or which results in \$500.00 or more property damage, you are required to report the accident and provide proof of insurance, to the D.M.V. Failure to provide proof of insurance *will* result in suspension of your driver's license for one year. After that year you will then need to provide proof of insurance in order to get back your driver's license.

As of July 1, 1985 a driver must show proof of insurance when asked by any police officer. If you are driving and can't show a police officer proof of insurance, you will receive a citation (like a traffic ticket) which will require you to pay a fine or go to court. You may also lose the right to drive until you can show proof of insurance.

Using a seat belt *will* help to prevent injuries. Everyone in your car should use one. You are required to place passengers who are small children, or infants, in an approved restraint system, such as a safety car seat. If your failure to properly restrain such children or infants results in injury to them, you may face criminal charges for child endangering.

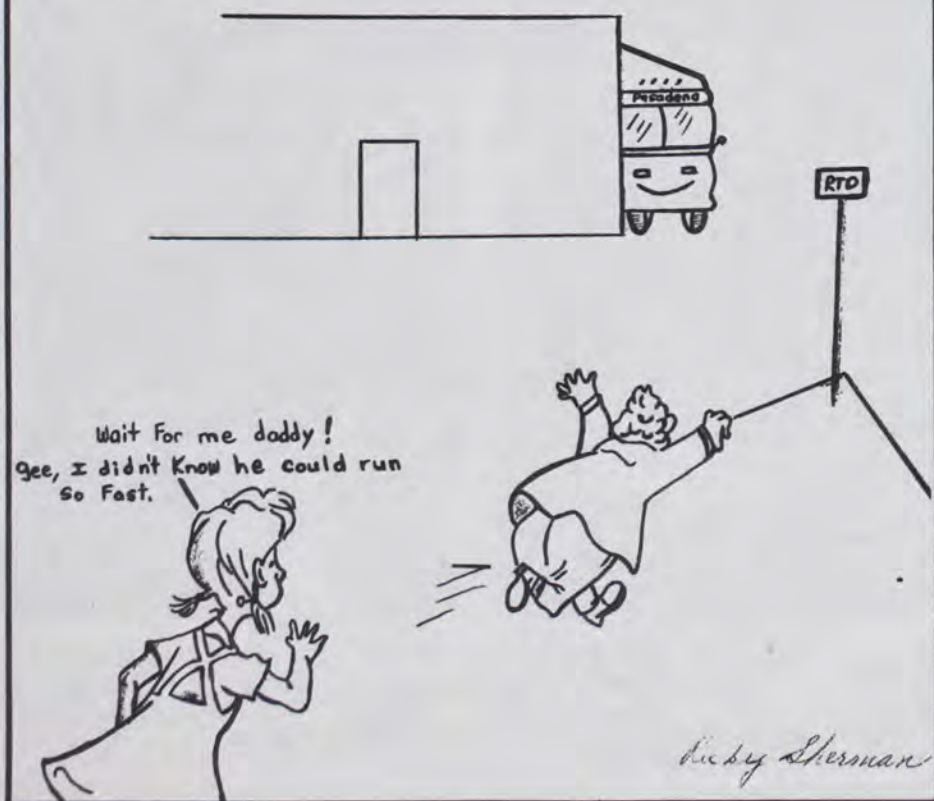
Remember: Don't drive without insurance, buckle up for safety, and if you *do* have an accident, follow the list of DOs and DON'Ts, above.

*Larry B. Penney is an attorney who has practiced plaintiff's personal injury law for eight years. He is the senior trial attorney in the mid-Wilshire Law Office of Carl D. Barnes, and he resides in Studio City.*



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**Sic Transit . . .**



## RTD Goes to the Movies



**Girls Just Want To Have Fun — PG (\*\*1/2)**

I mean, like there's this movie, and it's all about this girl who wants to get on Dance TV, y'know, DTV, only her father's, like, real uptight and won't let her do *anything*, so she sneaks out with her friend anyway, and, oh yeah, there's this real rich girl who wants to win the dance contest, and this really cute guy, I mean this guy is . . .

Ummm, yes, Muffy. Thank you, that will be all. Seriously, this is a cute little movie. Supposedly based on the hit song by Cindi

Luper, the plot outline reminds you of the old "Gidget" and beach party movies. There's a New Girl in town, who's always wanted to come to Chicago, home of Dance TV. With the help of her new girl friend, she enters a contest for a spot as a show regular. There she meets the Good Looking Boy, whom the Spoiled Rich Girl has also spotted. New Girl gets paired with Good Looking Boy, but Spoiled Rich Girl wants to win both the contest and the boy. You can guess where the plot goes from here. In addition, there are the stock characters of the Pesky Little Sister and the Nerdy Best Friend.

There are a few imaginative twists, a lot of energy, and an hysterically accurate portrayal of schooling under Nuns. ("Don't talk to him! He's a boy!") The film is suitable for adolescents of all ages, but send them to a bargain matinee or get discount tickets. Do *not* spend \$5.00 on this movie. It's cute, but not that cute.



# COMMENDATIONS



March Employees of the Month — Front row, from the left: Director Nate Holden, Division 7 Operator Yulce S. Eubanks, Mechanic A Leader Harry E. Finley, and Telephone Information Operator Steven Gaines. Back row, from left: General Manager John A. Dyer, Division 7 Transportation Manager Eugene Hamilton, Division 9 Maintenance Manager Ken Miller, and Customer Relations Manager Robert Williams.



Retirees honored at the April District Board Meeting include (front row, from left): Division 1 Operator Wallace A. Stevens, Division 8 Leadman Liobano Resendez, and Operator William M. McGee. Back row, from left: Director Gordana Swanson, General Manager John A. Dyer, and Assistant General Manager of Operations Robert Korach.



All smiles are the Employee Suggestion Award Winners (front row, from left to right): Power Sweeper Operator Leader Dennis Reeve, Mechanic C Peter Welthy, Equipment Maintenance Instructor Vince Pellegrin, and Director of Personnel Gayel A. Pitchford. Back row, from left to right: General Manager John A. Dyer, Assistant Superintendent of Maintenance Larry Lenihan, and Assistant General Manager of Operations Robert Korach.



Tops in Aerobics Attendance — For consistent attendance over a six-week period these three employees from the Personnel Department reaped first, second, and third prizes. The prizes were offered by Office Aerobic Services, the organization which offers aerobic instruction twice a week at the Administration Building. From left to right: Word Processor Operator Holly Giles, first-prize winner of a pair of NIKE aerobic shoes and a T-shirt; Office Aerobics Instructor John Sweeney, Office Supervisor Nina Capoccia, second-prize winner of leg warmers and a T-shirt; and Personnel Analyst Michael Pearce, first-prize winner of a pair of NIKE aerobic shoes and leg warmers.



RTD reeled in the awards at the National Safety Council's Annual Business and Industrial and Fleet Safety Awards Dinner held at the Beverly Hilton Hotel May 6. During 1984, the District achieved first, second, and third place ranks in various categories. Those accepting the awards are (front row from the left): Assistant General Manager for Operations Robert Korach, Division 18 Transportation Manager John Adams, Division 7 Transportation Manager Eugene Hamilton, Division 8 Transportation Manager Audrey Ortiz, Division 16 Transportation Manager Harold Hollis, Transportation Superintendent Leilia Bailey-Johnson, and Safety Analyst Frank Larson. Superintendant from the left: Transportation Superintendent Art Leahy, Operations Control Services Superintendent Jeff Diehl, Director of Transportation Ed Nash, Transportation Superintendent Wes McCarns, Division 16 Senior Instructor Bill Costley, and Division 15 Transportation Manager Marcus Johnson.



Mechanic A Eldon Kelley, with the District for 39 years, is South Park's May Maintenance Employee of the Month. Kelley works in the Electrical Section. He has worked at South Park since 1959.



Mechanic A - Sheet Metal Leader Lawrence Abrams was the April Maintenance Employee of the Month at South Park.



# Meet Me in Perris on the Trolley Cars

There's a special place where time stands still for those of us who never quite grew out of our obsession for model train sets, never tire of watching Judy Garland sing the "Trolley Song" in the trolley from the movie "Meet Me in St. Louis," or always seem to listen wistfully to a train chugging with its whistle blowing.

This place is 70 miles outside of Los Angeles in the town of Perris, California. It is called the Orange Empire Railway Museum. The museum began in 1956 when it obtained a few Los Angeles streetcars. Within a few years, the museum collected trolleys from San Francisco, a double-deck tramway from Ireland, a wooden interurban car from Vancouver, British Columbia, and diesel and steam locomotives. Over the years more than 140 pieces of historical railway equipment have been acquired, making the museum the largest rail historical display in the western United States. The exhibits visitors see and ride were restored by the members of the Orange Empire. All their labor was volunteered and took place on weekends, holidays, and in the members' spare hours.



Orange Empire Superintendent of Railway Operations and RTD's Systems Engineer Ed Vandeventer pulls a shift as Dispatcher for the Rail Festival weekend.

Many of these rail-fascinated members who volunteer their time include RTD employees. Assistant General Manager for Operations Robert Korach, an Orange Empire volunteer member, has been interested in trains since he was three years old. "It's been my hobby since I was a kid. I used to play with model trains," said Korach. "My grandfather took me to railroad stations, to the carbarns, everywhere. When I was 17 I worked for the railroad. After World War II I drove a bus for the University of Wisconsin. Eventually, I became manager of that bus company. Rail, bus — transportation is in my blood. I've even brainwashed my son, who works for the SEPTA (Southeast Pennsylvania Transit Authority) Control Center. Now's the time to start brainwashing my grandson," he said.

Systems Engineer Ed Vandeventer from the Schedules Department is Superintendent of Railway Operations for the Orange Empire. Vandeventer, a member since 1972, said "I've been a transit rider since my youth. I'm fascinated with the technology and with the era when transit was so much more a part of our lives."

For Equipment Maintenance Supervisor Michael DeGhetto, volunteering is fun. "I really like working on a machine that hasn't run in



Los Angeles Railway No. 1201, built in 1921, was used on the line from Eagle Rock to Hawthorne. Now it catches crowds to please.



Motormen Marty Martini (left) and Alan Weeks (RTD Schedule Maker) pose for the photographer on their layover.



Assistant General Manager for Operations Robert Korach, clad in engineer's cap, is equally at ease in supervising the operations of GM 3000s as the trolleys.



Part-time Operator Harry Oswald from Division 9 and Schedule Checker Richard Walling welcome riders aboard Yellow Car No. 1160.

25 years and making it work. Those trains are a part of our history, our culture. There's a lot I learn from tinkering on them that helps me on my job at the District. Who knows, maybe streetcars will make a comeback and I'll be ready," he said. DeGhetto has succeeded in interesting his two sons in rail and they are now members of the museum.



Community Relations Representative Nell Soto (right) and Operator Gloria Duke from Division 16 just happened to bring along a few flyers to distribute to the festival guests.

Each year, usually during the last weekend in April, the museum holds its Rail Festival weekend. Festival admission tickets are \$4 for adults and \$2 for children at the gate. Visitors ride on streetcars, interurban cars, and in vintage coaches pulled by diesel and steam locomotives. All operations are staffed by volunteer members of the museum. In addition to railriding, the museum offers an antique car exhibit, the Middleton Museum (a collection of toys, railroadians, historical artifacts, and personal memorabilia) a bookstore, a collectibles shop, and a machine shop display. Musical entertainment this year was provided by the Anaheim Elks Band; and for something a little different, the Hoofbeats from Norco stomped out their stunning rendition of square dancing on horseback.

The museum grounds are open daily except Thanksgiving and Christmas Days. Regular admission is \$3 for adults, \$2.50 for senior citizens, \$2.50 for juniors ages 12 to 17, and \$1.50 for youngsters 6 to 11 (children under 6 are free). The railway operates every weekend, plus major holidays. It also operates daily during Easter week and December 26 through New Year's. Operation is usually from 11 a.m. to 5 p.m.

The museum is located at 2201 South "A" Street, twenty minutes south of Riverside on Highway 215.



Supervising Planner Dan Miller is happy in his work as railway loader at the Festival.



# Big Brother Has Got the 'Right Stuff'

Because travel in space may be one of the most exciting adventures in life, any aspirant to an astronaut position with NASA's space shuttle mission is in for a lot of stiff competition. In the novel "Space" written by James A. Michener, the author stresses that of the individuals who are eligible, only 30 percent will complete flight training. Obviously, of the dreams that thousands hold, only a few will be fortunate enough to be chosen.

For Dr. Taylor Wang, 42, his scientific dream became a reality. Dr. Wang, whose brothers are District employees Jack Wang, 40, senior civil engineer with Bus Facilities, and George Wang 38, stock shop clerk at South Park, was one of the scientific members aboard the space shuttle. The Space Shuttle "Challenger," a twelve-ton, European-built spacelab, whose launch took place at Cape Canaveral, Florida on April 28, was comprised of a crew of seven astronauts, a pair of monkeys, and two dozen squeaking rats.

Dr. Taylor Wang is the eldest of a family of three brothers, Jack, George, and one sister Sherry. Chinese born, Dr. Wang arrived in the United States at the age of 18. He received his B.S., M.S., and Ph.D. in physics from the University of California at Los Angeles.

Dr. Wang is both a principal investigator for the Spacelab Three experiments and a payload specialist. A payload specialist conducts the major share of investigations scheduled for a particular mission. He was selected for the mission because of his expertise in materials science and fluids mechanics.

Dr. Wang invented the acoustic limitation and manipulation chamber in the Drop Dynamics

Module for investigation of fluid behavior in space. After his mission, the scientist will return to the NASA Jet Propulsion Laboratory in Pasadena, where he will resume his position managing materials processing for the space programs.

Taylor is a source of pride for the Wang family as well as for the Chinese community. Jack and George Wang explained, "Our mother has been a strong supporter of my brother's aspirations to go in space." Jack added, "We are very excited, nervous, proud of him — and of course a bit envious." George stressed, "It is only natural for us to be envious; however, I feel that if you have the talent then you should use it." When asked how the siblings compared, Jack explained, "Taylor and I are a lot alike. We are very practical and a bit materialistic; George is different, to me he is the smartest, he thinks logically. Taylor has always looked for adventure. Our sister Sherry, she's a lot like Taylor and me. She has her B.S. in Computer Science.



RTD employees and brothers of the astronaut, George (left) and Jack Wang.

I would love to be a passenger on the space shuttle and Sherry wants to be a pilot." George said, "I'm different, that's not one of my interests; I would sit here and pray for all of them." Jack added, "Yeah, George is the most spiritual of us four."

"Now, Taylor's wife Beverly

was a bit scared, and yet excited and proud of him. Taylor's eldest son Kenneth was excited for his father but happy to be able to use his father's car while he was up in space, ha, ha, ha!! However, his youngest son, Erick, wants to follow his father's footsteps all the way."

One would think that in such a successful family, competition would be stiff. Jack asserted, "As children, we never felt that we had to compete; we all had different goals that we wanted to fulfill. My mother knows that each one of us is different and she didn't expect us to be the same."

The space shuttle "Challenger" sounded its twin sonic booms over the Los Angeles Basin, and landed safely at Edward Air Force Base on May 6 after its 2.9 million mile trip. Jack excitedly exclaimed, "The whole family was at the landing; we got the VIP treatment. When it was passing by it was going so fast, that it really looked like a bird. We got to see them off the shuttle, although we didn't get to talk to my brother. It was so exciting for all of us. I know my mother did a lot of silent praying. To her we are still her little children."



Crew of the Space Shuttle Orbital Flight (51-B). The older brother of District employees Jack and George Wang, Dr. Taylor Wang, stands second from the left.

# In Retirement, the Baders Go Everywhere

For Fred L. Bader, 68, and travel partner and wife, Mary Bader, 69, retirement has meant not only a grand world tour, but also adventure, excitement, and unexpected surprises.

Fred Bader began working as a Statistician (Staff Assistant II) to the General Manager in 1946. "I worked under 14 different General Managers, when RTD was Los Angeles Transit Lines and then Metropolitan Transit Authority. I worked when the old red street car was in. I saw the trolley buses come in and saw them go. I helped to take them to the junkyard. I really enjoyed my work at the District, I enjoyed it so much that I didn't care for week-ends." Bader retired from the District in January of 1982, after 35½ years of service.

Bader and his wife have always had "wanderlust" (from the German word meaning a love of traveling and seeing new things, places, and people). Their adventurous spirit continues and is more persistent now that they're both retired. They have visited just about every country in Europe, as well as New Zealand and Canada, have taken cruises to Mexico and the Caribbean, and unlike most world travelers, have managed to

travel to all the states in their native America.

While on their trips Bader enjoys learning about the different transit systems of the countries they visit. As if the world weren't small enough, the spirit of the RTD has followed this retiree in a couple of instances. Bader recalls, "During a trip to New Zealand on November 29, 1982, without any previous arrangements, I met one of my former co-workers at breakfast in a hotel in Queenstown, New Zealand. His name is Mack Evans and he is presently working as a Mechanic 'A' at Division 3301." Bader continued, "On September 6, 1984, during a most recent trip to Europe to my World War II stomping grounds in Milan, Italy, another RTD employee named Fred Strom of Division 3308, a top seniority driver, surprised me as I was viewing a bombed building and the painting of the 'Last Supper' by Leonardo da Vinci. These were two unexpected surprises half way around the world from each other, which can make one realize that the world is indeed a small world."

We all have reasons that trigger an interest in us to travel off to exotic lands. Some of us want to visit the setting of a favorite novel

or movie, others have a desire to explore their roots, and still others a love of history or the arts. For the Baders there are many things that compel them to travel. They are passionately fond of flowers. "We traveled with a horticultural tour, which is a farmer and flower tour, in which you go through a country learning about the flowers, and you get to visit inside the people's homes and admire their breathtaking gardens. We were in Hol-



On just one of their many trips, retiree Fred Bader and his wife, Mary, embark on a canal tour of Amsterdam.

land for Mother's Day and we got to see the beautiful tulips.

Bader's tips for the traveler: "Read brochures very carefully; find out weather conditions and currency information on the country you're visiting. Find out what the good buys in that country are; take the tour director's or the brochure's advice, but most importantly have a positive attitude and a very open mind when visiting a foreign country."

One wonders how the Baders have been able to manage to travel all these years. "I've never been an extravagant spender. I try to be conservative when it comes to saving money. Don't get me wrong — you don't have to be a cheapskate. My wife and I always worked and we have put our two girls through college. We like to enjoy life, but we stay within our means. When we travel we stay in medium-priced hotels."

"My wife and I love to travel and we do it for enjoyment and relaxation. We enjoy seeing what we actually read in books come to life. Our last trip was to Japan and China. We went with a senior square-dancing group and that's what we did in the Orient — square danced."



District Toastmasters

## Winged Words, Nimble and Airy, Fly in Formation

The *Book of Lists* says that people's number one fear is giving a speech. They fear it more than death.

In order to help people conquer their fear of public speaking in a learn-by-doing experience, the Toastmasters program was founded 70 years ago. The RTD Toastmasters Club Secretary, Joe Cooper said, "I remember when I had to stand up in front of a group of people my knees used to shake. In 1958, I decided to join Toastmasters to do something about this reaction to speaking, but it took me a year to get the nerve to make myself go through the doors of the Toastmasters Club."

The Toastmasters program improves their members' ability to express their thoughts and to develop their leadership potential. Club meetings consist of activities such as "Table Topics" which provide an opportunity to practice extemporaneous speaking. Prepared speeches are delivered by members as a means to provide them with experience in organizing effective speeches that inform, persuade, and entertain.

The guidelines for these prepared speeches follow the Toastmasters Communication and Leadership manuals. The manuals offer a multi-part program that

begins with an introductory "Ice-breaker" speech and leads to more advanced communication projects. Each speech is evaluated by another toastmaster. This part of the training lets the speaker know how he or she is coming across to the audience. The speaker is evaluated on the organization of the speech, the presentation, eye contact, use of notes, hand gestures, and use of background information. This experience also enables the evaluator to develop the ability to listen critically and analytically.

The business portion of the meeting serves to provide members with confidence in leadership situations and to enhance members' parliamentary skills.

All this training is available within the social atmosphere of fellowship and fun at the club.

"It's a challenge to become involved in Toastmasters," said Cooper. "It can build up your self-confidence so that you don't have to worry about falling apart in front of a group of people."

Cooper said the program operates in a way that allows members to gradually build upon their skills. "After completing the first 10 speeches, a member is awarded the title of Competent Toastmaster," he said.

Cooper believes the Toastmasters experience can improve anyone's communication skills. "This training pays off when you have to make a presentation at a business meeting, speak at seminars, participate in problem-solving situations, go on job interviews, and even in telephone conversations."

The RTD Toastmasters Club 1063 meets on the first and third Wednesdays of each month and on the fifth Wednesday four times a year. Meetings begin at 12 noon and are completed at 1 p.m. in the Schedule Department conference room on the third floor of the Administration Building. There is an initial \$12 membership fee, plus semiannual membership dues of \$15. RTD employees interested in joining Toastmasters are encouraged to call Club President Bill Kreski, extension 6293, or Secretary Joe Cooper, extension 6523, for further information.

"I don't think any speaker ever becomes perfectly relaxed," said Cooper. "They may give that impression. But anytime you walk into a room full of people those butterflies begin to flutter in your stomach. Toastmasters won't completely eliminate them, but it will keep them flying in formation."

## Take the RTD We Move Cities

While many of us would acknowledge the Southern California Rapid Transit District is widely acclaimed in the transportation industry, how often do we really stop and think about the volume of service provided? The District does publish annual reports and fact sheets with astonishing figures, but let's take a look at some of those figures outside the normal context.

The volume of patrons riding RTD buses on any given weekday is in excess of 1.5 million people. However, if we explore this statistic in terms of actual seating capacity, we discover that this same number of people (1.5 million) could sell out two straight seasons of Los Angeles Lakers basketball games (41 home games per season). In addition, the District's annual patronage is greater than the population of San Francisco, Washington, D.C., Atlanta, and Chicago, both individually and collectively.

With gasoline consumption as much in demand as it is a necessity, the District's own fuel usage is quite enormous. It is estimated that next year the District will exhaust 28 million gallons of fuel. If your curiosity is such that you're wondering how far you could go on 28 million gallons of fuel (over 76,000 gallons used per day) well, consider this. Taking into account that most cars average 22 miles per gallon, it would be possible to make 3-1/2 round trips to the sun which is 616 million miles away.

For those of you who enjoy traveling, you may be interested in the ultimate trip (several times over). In this year thus far, buses at the District have traveled in excess of 109 million miles. This is equivalent to 233 round trips to the moon and for the international traveler, 4,360 times around the world at the equator. When traveling millions and millions of miles, the need for reliable equipment is essential; however, the replacement of routine operating items such as tires is also of significance for maintenance and upkeep of services. Thus far this year, the District has replaced 4,560 tires. In exploring the relationship of the number of tires used to the type and number of buses in RTD's fleet of equipment, we discover that 4,560 tires will service the District's entire fleet of Double Deck (22), Articulated (40), MiniRide (62), Intermediate (41), 35-foot Advanced Design Buses (35), and over 60 percent of the 40-foot Standard Buses (roughly 530 buses).

Most of you will agree, there's nothing worse than 5 p.m. traffic, especially on Fridays. Let's consider the RTD passengers who escape the burden of driving in day-to-day traffic. Maintenance Administrative Services Officer Chris Dahlstrom calculates that an average-size loaded bus traveling on the freeway accounts for roughly a quarter mile of four-lane traffic, if the vehicles are properly spaced in accordance with Department of Motor Vehicle regulations. In essence, one busload of passengers traveling on the freeway alleviates a quarter mile of freeway traffic. This can be awfully comforting, especially on Friday.

## Tentative Analysis of EAP Survey Yields Overall Good Marks

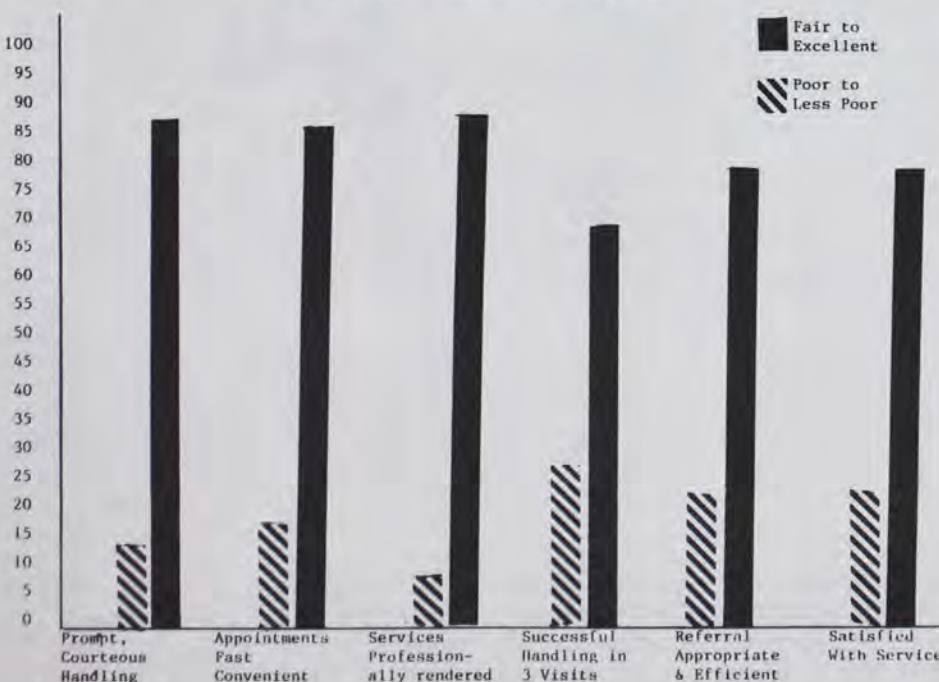
Tentative analysis of results of the Employee Assistance Program survey indicates general satisfaction among the District's employees with the program.

While the substance abuse service was not as highly rated as some of the other services, certain comments indicated that some participants were not really motivated to succeed in the program. A shop steward observed that of the people from his division who went to the EAP Program, "All but one have praised it." The survey appears to indicate that it is not always possible to resolve a problem in three visits, but as one employee said, "My problem took a little longer to resolve, but it was necessary and worth it." Another sees the Employee Assistance

Program as "... an added benefit that really helped when help was needed."

The Holman Consulting Corporation that provides the EAP services, received an overall score of 89 percent, a fair to excellent rating, as a professional provider. The overall satisfaction rating of 77 percent may indicate room to grow, but it also indicates that over three-fourths of the services and procedures provided by the EAP were adequate to meet employee needs. The survey indicates areas most needing improvement and areas of highest satisfaction that require less attention. The Personnel Department is appreciative of all those employees who took the time and trouble to complete and return the survey forms.

Employee Assistance Program



## Loss of Vision May Warn of Stroke

Brief loss of vision in one eye may be a forewarning of stroke, say Mayo Clinic specialists. Partial blindness episodes that develop suddenly and last only two or three minutes are one form of what doctors call transient ischemic attack, or TIA. They are often caused by narrowing of the carotid arteries in the neck which carry blood to the eyes and front part of the brain. Other TIA symptoms may include dizziness, blurred or double vision, speech impairment or weakness, and numbness in an arm or leg.

For people over 50 who suffer their first TIA, doctors estimate that within five years, 25 percent of those not treated will suffer a stroke. Preventive treatment includes drugs to thin the blood and keep blood cells from accumulating in the carotid artery. Occasionally, a bypass operation around the narrowed section is done. Such treatments can reduce the risk of a subsequent stroke.

## Shape Up!

As an incentive to increase participation in the aerobics classes, Employee Activities is donating 12 T-shirts to be given to participants. During the weeks of May 20 to June 14, the T-shirts will be given away to persons attending. However, the date will not be revealed ahead of time. Surprise, surprise.

So hurry up and get back in shape!!!

Classes are held **Tuesdays and Thursdays** from 4:30 - 5:30 Third Floor, Administration Building Cafeteria. For further information, you may call extension 6674.



## Credit Union—A Bank with a Heart

Have you ever had a fantasy to be identified as a "share-holder" in a financial institution? Dream no more, your fantasy can easily become a reality. Any RTD employee or member of his or her family can join the Transit District Employees Federal Credit Union for a fee of \$1 and the maintenance of a minimum monthly balance of \$50.

Credit Union Manager Hyla Howard sees the credit union as having all the advantages of a bank, but a bank with a heart. "We offer the lowest interest rate that we can on loans while giving the highest dividends," Mrs. Howard said. "We make use of payroll deductions to make it easier on the member."

"This credit union has been around for 47 years. It's a dependable institution and functions well. We try to help people who would not qualify for loans elsewhere," she said. This help is extended to those members whose financial difficulties have left them with a less than desirable credit rating as well as young people who have not yet established a credit rating.

For those members who have not established any credit rating, the credit union can assist them with an Estate Loan. This is a loan of \$2,000 at 12 percent interest with five years for repayment.

For more established members the borrowing begins after the saving has been done. The credit union offers Share-Secured Loans. This allows a member who has saved over time to borrow against his or her savings rather than withdrawing the savings. "Once a member has built up his savings," said Mrs. Howard, "they can get a loan immediately and at a much lower interest rate than a signature loan."

All credit union loans are insured up to \$10,000 free of charge. All credit union deposits are federally insured up to \$100,000. The rates of return on savings at the credit union are comparable to commercial institu-

tions. The following schedule of dividends indicates the yield for each of the credit union's financial programs:

**\$10,000 Certificates**  
Same as those issued by the Federal Government

**Small Money Certificates**

\$500	7.00%
\$1,000 - \$2,500	7.50%
\$3,000 - \$4,500	8.50%
\$5,000 - \$9,500	9.50%

**Regular Share and Christmas Club**

\$0.00 - \$10.00	0.00%
\$10.01 - \$250.00	5.00%
\$250.01 - \$1,000	6.00%

\$1,000.01 - \$4,000	7.00%
\$4,000.01 - \$15,000	7.50%
\$15,000.01 - Over	8.00%

**IRA—10%**

Mrs. Howard was pleased to say that in June the credit union budgeted \$300,000 toward a special car sale for pre-approved loans up to a maximum of \$20,000 per loan on approved credit. This means that members could come to the credit union to apply for a loan before they had even looked at a car. "When the member went car-shopping, his or her bargaining power was improved as they could tell the dealer they had already secured a loan that would cover the cost 100 percent." Mrs. Howard added that the pre-approved car loans were available on a first-come, first-service basis.

In addition to membership shares, the Christmas Club, and IRAs, the credit union also offers family and accident insurance, a Vacation club, and the Buyer's Club (a service that allows members to purchase goods at wholesale prices).



Credit Union Manager Hyla Howard.

In September the credit union will move from its present location at 453 S. Spring St., Suite 1200 to 600 S. Spring, Suite 804. "When the move is completed, we will install an in-house computer system equipped with an audio-response feature that will allow members to talk directly to the computer to get daily balance information," Mrs. Howard said. The credit union also plans to offer a bill-paying service for members. "After the move, we will conduct a membership drive, because as we increase the membership we can then increase benefits."

While the credit union doesn't give away free toasters or stuffed animals for opening up a new account, it is important to know your deposits will help people you know — friends, co-workers, and fellow members. "This credit union belongs to the RTD employee members. We're not like a bank out to make a profit for ourselves. If there are things we do that you don't understand or like, speak up! It's up to you. Some of you may not understand the financial world or the things we do to protect your money. Ask us and we'll tell you."

## Guerra Ordained as Deacon

Operator Ruben G. Guerra of Division 9, was ordained as a deacon in the Catholic Church on June 1 at St. Vibiana's Cathedral in Los Angeles.

Operator Guerra has been with the District for 11 years. He began his preparation for the diaconate three years ago. Within the hierarchy of the Catholic Church, the diaconate is the last order before the order of priest. As a deacon, Guerra will assist bishops and priests. He will be able to preach, administer communion, assist in the service of mass, burials, and marriages. Guerra says he feels great about his ordination. "It's a beautiful feeling. I thought sometimes I wouldn't make it especially in my psychology class, because that's not me."

"My wife had to be willing to give me back to the Church in the ceremony of ordination. If she hadn't said yes they wouldn't have ordained me. But I never thought she wouldn't, considering she helped me with all my homework."

Guerra was ordained by Cardinal Timothy Manning.

## Moving?

When you move, there are certain things you should do. Notify the newspaper carrier. Tell the milkman or lady. And, don't forget the cat. But, the most important thing you should do is notify the District Personnel Department!

After all, the cat would probably follow you; you can get a newspaper anywhere and milk is as close as the nearest store. But, you won't get the *Headway*, or any other company communications, unless you have your proper address on file at work.

To make sure you keep receiving *Headway* after you've moved, go to your department head, office supervisor, or division steno and ask them to file a Personnel Data Sheet for you.

## Pippen Offers Youth an Alternative to Gangs

Transit Operations Supervisor Emmitt L. Pippen joined the Masonic Lodge in 1971. Becoming apathetic with the insular membership, funny hats, and secret handshakes, Pippen founded the Silvermoon Council of the Order of the Knights of Pythagoras in Pomona.

By 1983, Pippen was appointed state director of the Order of the Knights of Pythagoras. Today, Pippen is the regional director of the order and is responsible to its different councils in California, Nevada, Arizona, Washington, Oregon, Alaska, and Colorado.

The Order of the Knights of Pythagoras is a youth organization, sponsored by the Masonic Lodge, for boys aged nine to seventeen. Its purpose is to assist the youngsters' spiritual, academic, physical, and civic development. "We offer these kids an alternative to gangs," said Pippen. "We stress spiritual development, push on leadership, and get them to work together as a team. We pick up where the public schools leave off and try to give them something they can carry into adulthood. We are in the business of developing

young men." Activities offered to youth include business training in youth corporations, athletics, community action, camping expeditions, ham radio training, and precision drill teams. Presently, Pippen is busy networking together contacts in the hope of offering the youngsters computer training. "This is in the infant stage, but I'm optimistic that with the cooperation of different corporations, we will initiate computer classes."

In Pippen's council in Pomona, he has succeeded in enrolling 54 boys into the organization. The Knights of Pythagoras consist of 15 councils in the state of California with a membership of over 500. "I am very proud of our representation now. Prior to 1983, we did not have many members."

The order maintains a scholarship fund available to its members on a competitive basis. "Our organization is named after the Greek mathematician and in that spirit we stress the sciences and mathematics. We encourage our boys in those disciplines so that

they can compete for scholarships."

To oversee and administer to the needs of his region, Pippen must travel up and down the coast constantly. Asked why along with a 40-hour work week he does this, Pippen responded that to him love means action. "I feel we are each responsible to give of ourselves for the benefit of others. I believe people are honest and want to do right. They should be given the opportunity to do just that. I think that our organization offers that opportunity to a lot of boys." While the order has undergone many changes and increased membership under Pippen's administration, he maintains he isn't through yet. "During my time, I want to see the organization open its doors to girls. I am working toward that goal now."

Pippen was inspired to action by Dr. Martin Luther King, Jr. "I learned a lot by observing King. Now, there was a man who could talk to kings, potentates, and garbage collectors and be understood equally by all of them. He knew how to communicate with people, to move them."



Transit Operations Supervisor Emmitt L. Pippen is the regional director of the Order of the Knights of Pythagoras, a youth organization sponsored by the Masonic Lodge.

Pippen is encouraged by his own ability to inspire and attract the youth to whom he is committed. "This organization allows me to apply my energies in an area that enhances my self-esteem. Make no mistake about it — I get a pay-off from this too. I walk away feeling good about myself."



# COMMENDATIONS AND SCHEDULE CHANGES

## COMMENDATIONS

### Division 1

Goytia, Alfredo  
Jackson, Herbert  
Schlumpf, R.W.  
**Division 2**  
Howell, Bridget  
Jordan, Jr., Harold  
Price, Roland  
Troy, Albert

### Division 3

Johnson, Ron  
Smith, Jerome  
Tongrai, Anna

### Division 5

Adger, Joseph  
Stockton, Warren

### Division 6

Pietropaolo, Pete  
Wilson, San

### Division 7

Anderson, Jack  
Fordham, Tyrone  
Hardson, Roland  
Parker, Christopher  
Wall, Jeff  
Wright, Earl

### Division 8

Torzon, Stephan

### Division 9

Berman, Susan  
Dependahl, Carl  
Pepper, George

### Division 10

Elam, Roland

### Division 11

Bagsby, Samuel

### Division 15

Contreras, Paul  
Galland, Roger

Lloyd, Arthur

Purcell, William

### Division 16

Davis, Richard

Everett, Debbie

### Division 18

King, Johnny

McMillan, Charles

Nahra, George

### Department 3296

Smith, Frank

## SHIFTING GEARS

**Jones, Nathaniel**, employed with the District since October 21, 1958, retired as a Transportation Operations Supervisor April 30, 1985.

**McGee, William**, employed with the District since April 23, 1955, retired as a Staff Instructor April 30, 1985.

**Mussack, Guy**, a Mechanic since November 21, 1967, retired April 2, 1985.

**Pepper, Richard**, an Operator since February 2, 1955, retired April 30, 1985.

**Riley, Billy Joe**, an Operator since October 12, 1945, retired April 16, 1985.

**Schmidt, Joseph**, an Operator since April 21, 1958, retired April 30, 1985.

**Selby, Sheila**, an Equipment Records Specialist since December 14, 1960, retired March 16, 1985.

**Smith, Hatcher**, a Mechanic since March 6, 1975, retired March 31, 1985.

**Wandler, John**, an Operator since September 2, 1953, retired April 26, 1985.

## KUDOS

Congratulations to Division 9's basketball team, the Golden Nuggets, for winning their second straight championship. The RTD basketball championship was won under the direction of coach Johnny McKinney.

## SCHEDULE CHANGES

**Aguilar, Luis E.**, from Mechanic A to Mechanic A Leader.

**Ambert, Van P.**, from Ticket Clerk to Ticket Office and Reports Clerk.

**Banks, Janiece M.**, from Accounts Payable Clerk to Data Processing Library Clerk.

**Beeman, Richard Z.**, from Mechanic A to Mechanic A Leader.

**Bishop, Donald L.**, from Mechanic C to Mechanic B.

**Cornejo, Angel E.**, from Mechanic B to Mechanic A.

**Coronel, Alvaro**, from Mechanic B to Mechanic A.

**DeSantis, Susan J.**, from Acting Office Supervisor to Office Supervisor.

**Duque, Lucila**, from Information Clerk to Ticket Clerk.

**Edwards, George L.**, from Mechanic A to Mechanic A Leader.

**Eubanks, Dwayne D.**, Data Technician to Acting Program Control Analyst.

**Flores, Christina**, from Utility B to Utility A.

**Frandberg, Christer J.**, from Mechanic B to Mechanic A.

**Guzman, Roy G.**, from Mechanic A to Mechanic A Leader.

**Hardson, Jacqueline D.**, from Service Attendant to Service Attendant Leader.

**Hiatt, Patricia M.**, from Cash Clerk to Data Processing Library Clerk.

**Imhof, Karen L.**, from Staff Aide to Acting Office Supervisor.

**Johnson, Johnnie L.**, from Assistant Vehicle Operations Manager to Acting Vehicle Operations Manager.

**King, Guy W.**, from Assistant Vehicle Operations Manager to Acting Vehicle Operations Manager.

**Maranan, Antonio D.**, from Mopper-Waxer to Cash Clerk.

**Murphy, Donna L.**, from Typist Clerk to Accounts Payable Clerk.

**Norman, Alvin J.**, from Ticket Clerk to Typesetting Layout Operator.

**Pappas, Arthur A.**, from Electrician Leader to Acting Electronic Maintenance Supervisor.

**Perez, George C.**, from Mechanic A to Mechanic A Leader.

**Roberts, Linda J.**, from Temporary Kardex Clerk to Equipment Records Specialist.

**Ruiz, Francisco E.**, from Janitor to Mopper-Waxer.

**Silva, Elizabeth**, from Senior Secretary to Acting Administrative Secretary.

**Tice, Robin J.**, from Mechanic B to Mechanic A.

**Villalobos, Ray J.**, from Transit Operations Supervisor to Acting Assistant Vehicle Operations Manager.

**Wilkins, Eddie L.**, from Truck Driver Clerk to Equipment Records Specialist.

**Wright, Jimmie D.**, from Mechanic C to Mechanic B.

**Zaragosa, Manuel I.**, from Mechanic A to Field Equipment Technician.

## IN MEMORIAM

**Burrell, George**, an Operator since October 18, 1969, passed away April 11, 1985.

**Gardner, Donald M.**, a Supervising Engineer in Transit Systems Development, passed away April 25, 1985.

**Mireles, Agustin**, a Property Maintainer A since April 5, 1982, passed away April 22, 1985.

**Scantlen, Jennings**, a Mechanic at Division 1 on retirement, born in Oklahoma Indian Territory on October 29, 1896, passed away March 7, 1985.

## TRIPPERS

### SCRTD OPERATORS

*We take a lot of stuff.  
That's alright because we're tuff.  
We're the operators of the SCRTD.*

*(refrain in an English-speaking female voice)  
That's Southern California Rapid Transit District*

*Sometimes our wheels won't turn,  
Man, oh man, how our hearts burn.  
We want to go and go just as fast as we can.  
Someone comes through that door,  
They curse us and they say that we're slow.  
But that's how it is on the SCRTD.*

*(refrain in a Spanish-speaking male voice)  
That's Southern California Rapid Transit District*

*People come to us and complain, but  
To the district, that is where they should aim.  
Each and every day we have to put up with the same old game.  
The food, the dope, and the smoke,  
It's rough sometimes to drive when you're choked,  
Then bells start ringing, and you think that somehow it's been broke.*

*You go da here or do you go there?  
Some days it seems that's all you can hear.  
My God I want to thank you, 'cause I know that you're always near.*

*Cars on the left and the right,  
They make bad turns and we get uptight.  
But that's how it is on the SCRTD.  
(refrain in a Japanese-speaking male voice)  
That's Southern California Rapid Transit District*

*We're making our last run for the day  
and stayed on schedule most of the way  
we've traveled all over LA, the SCRTD.*

Song Composed By:  
Operator Mike Harris  
Division 2





**HEADWAY**



**Harper! No Strike!**



**It's Showtime!**

**June-July Recreation Events**

- June**
- 15-16 Knotts Berry Farm weekend \$7.00 per employee and family, \$7.75 for guests. Save up to \$5.20 on unlimited fun. Regular general admission price \$12.95. Children 2 years and under FREE.
  - 15-16 Playboy Jazz Festival at the Hollywood Bowl \$20.00 bleacher seating for \$19.00.
  - 15 "New Edition" at the Amphitheatre, \$12.50.
  - 19 Dodgers vs. San Diego Padres \$4.00.
  - 22 BB King & Bobby Blue Bland at the Beverly Theatre \$19.00.
  - 24 Dodgers vs. Houston Astros \$4.00.
  - 28 "The Whispers" at the Greek \$16.50.
  - 29 Dodgers vs. Atlanta Braves \$4.00.



- July**
- 2 Dodgers vs. Cincinnati Reds \$4.00.
  - 5 Luther Vandross at the Amphitheatre \$16.50.
  - 6 Aretha Franklin at the Greek \$16.50.
  - 12-14 Las Vegas Trip to the new Golden Nugget \$70.00 per person double occupancy. Act fast reservations and money due by June 21.

**For Sale**  
 Revolver, Colt .357 Magnum, Lawnsan, MK III, snub nose, blue steel, never used \$150. Call Don at (213) 382-9825.

Yamaha Electone Organ Model D-2B. Full 32 Cycle Bass Organ Tone. Upper Manual - 49 Keys Lower Manual - 49 Keys Pedals - 13 Keys Like new. \$600 or best offer. Call (818) 962-4522 (home).

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**HEADWAY**

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