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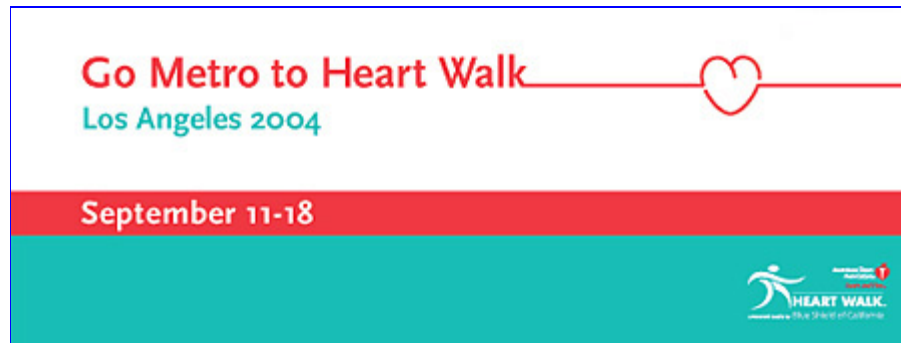
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at 2-4357

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Information: Click on image to visit www.heartwalkla.org



15,000 Expected for Heart Walk Los Angeles, Sept. 11-18

By DAVE SOTERO

(Sept. 7, 2004) Get your exercise and help raise funds for lifesaving heart research by taking part in the American Heart Association's Heart Walk Los Angeles, Sept. 11-18.

More than 15,000 walkers are expected to participate in five walks throughout Los Angeles County to raise funds for research and education programs to fight heart disease and stroke.

Events feature a 5k walk, plus a Wellness Festival that will include health screenings, free food, kid zones, pet zones, music and fun.

Times and locations

Heart Walks and Wellness Festival times and locations are:

- Saturday, Sept. 11, 9 a.m., Glendale Memorial Heart Center. Take Metro Bus lines 94, 180, 181, 183, 603; or Glendale Bee Line 1 and 2.
- Saturday, Sept. 11, 9 a.m., Santa Clarita City Hall. Take Santa Clarita Transit Line 1 and 2.
- Wednesday, Sept. 15, 5 p.m., Wells Fargo Museum, Downtown LA. Take Metro Red Line to the Pershing Square station or Metro Bus lines 76, 78, 79, 96, 484, 485, 487, 489, 490, 491; Foothill Transit lines 480, 482, 486, 488, 492, 494; or DASH B.
- Saturday, Sept. 18, 9 a.m., Mattel Headquarters, El Segundo. Take Metro Bus lines 124 or 232.
- Saturday, Sept. 18, 9 a.m., Veterans Administration Center, Westwood. Take Metro Bus lines 124 or 232.

For more information about Heart Walk, call 213-291-7000 or visit www.heartwalkla.org.

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