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PHOTOS: ERIC RAPP



Operator Noe
Orellana gets his
blood pressure
checked at health
fair held onsite at
East valley
Division 15.

Keeping Healthy in Sun Valley

By ERIC RAPP

(December 21, 2004) East Valley Division 15 hosted a Health and Safety Fair for employees Dec. 16, attended by hundreds of bus operators and other division employees.

Representatives from the Van Nuys U.S. Healthworks clinic, which handles medical issues for the division, checked blood pressure, talking about preventative medicine and handing out information designed to help keep all employees healthy. Dr. Thomas Turner, executive director of the clinic, said that, simply put, "we're trying to keep employees from getting sick or hurt."



Dr. Thomas
Turner,
right,
executive
director Van
Nuys U.S.
Healthworks
clinic, greets
East Valley
employees.

Mental health wasn't overlooked, either. Carol Holben, Medical

Standards & Compliance Administrator and the administrator of Metro's Employee Assistance Program, was also on hand to explain EAP benefits to interested employees. EAP provides a number of services for employees who are in a crisis or under stress.

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