

[Home](#)[CEO Hotline](#)[Viewpoint](#)[Classified Ads](#)[Archives](#)[Metro.net](#) (web)

## Resources

[Safety](#)[Pressroom](#) (web)[CEO Hotline](#)[Metro Projects](#)[Facts at a Glance](#)  
(web)[Archives](#)[Events Calendar](#)[Research Center/  
Library](#)[Metro Cafe](#) (pdf)[Metro Classifieds](#)[Retirement  
Round-up](#)

## Metro Info

[Strategic Plan](#) (pdf)[Org Chart](#) (pdf)[Policies](#)[Training](#)[Help Desk](#)[Intranet Policy](#)

## Need e-Help?

Call the Help Desk  
at 2-4357

[E-Mail Webmaster](#)

Ninety-one-year-old O.V. Smith attended the "Seniors on the Move" workshop where she met, from left rear, Metro's TOS Larry Haynes, Communications Manager Vanessa Smith of Customer and Vendor Services and TOS Kevin Dukes. PHOTOS BY RICH MORALLO



## 100 Senior Citizens Learn About Transit at 'Seniors on the Move'

By RICH MORALLO

(April 6, 2005) Running slightly late, last Thursday morning, Ms. O.V. Smith, 91, drove her car to the Mount Carmel Senior Citizen Center in Los Angeles and applied for a Metro Senior ID card.

"Now, I have to get in there to listen to the information," Smith said as she hurried to the auditorium to participate in the transit workshops.



Edith Williams looks forward to riding Metro service with her Senior ID card.

Smith and about 100 other area senior citizens spent the morning attending a "Seniors on the Move" program, a county campaign that introduces public transportation alternatives to residents.

"I'm here to learn how to use the bus," said Ophsie Campbell from the Normandie Senior Housing complex.

Fellow housing resident Charles Moore said he came to get a bus pass. "The pass would be cheaper than paying one-way in

cash all the time."

### **Safety and trip planning**

The workshop participants learned about transit options, safety tips and trip planning and also took a ride on a Metro Rapid bus to the Florence Metro Blue Line train station to see how bus connections work with Metro Rail.

Throughout the morning, they also filed by tables staffed by the Center for Healthy Aging, Access Paratransit, LADOT Dash and City Ride, and Metro South Bay.

Beryl Moore, president of the local senior club, said the workshops were important to the 50 members in her group.

"Learning about public transit is vital for seniors who live alone," she said. "If they don't drive they have to learn how to get out and take care of their shopping and appointments."

---

| [Home](#) | [Phone Directory](#) | [Forms Online](#) | [FIS Online](#)