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Arthur Winston, center, with Metro's Toastmasters International members, from left, Sam Sampat, Frank Clark and chapter president Gene Hargreaves.



Arthur Winston was the 'Toast' of Toastmasters' Meeting

By BILL HEARD, Editor

(March 7, 2006) Arthur Winston was the "toast" of Metro's Toastmasters International chapter meeting, last week, telling the members that even after retirement he plans to get up at 5 a.m. each morning and "keep moving."



Honoring Arthur Winston at the Toastmasters luncheon were South Bay General Manager Dana Coffey and CEO Roger Snoble.

With Winston's 100th birthday and his retirement date coming up March 22, Toastmasters guest speaker CEO Roger Snoble said Metro's oldest employee has been "an inspiration for us all."

"You've been able to do so much good for so many people," Snoble

said, inviting Winston to visit any time. "You have 10,000 friends here."



South Bay General Manager Dana Coffey said Winston is "a real, true role model for us all."

For his part, Winston says he doesn't have any stress. "You get to love the job. I love the job."

He noted, during a Q and A period, that he comes from a long-lived family. His father died at 99 years, 6 months and was never sick. His brother is 98 years old. He attributed his family's longevity to life in Oklahoma where they ate good country food.

Any women in his life just now, he was asked?

"Not right now," he replied, to laughter. "I'm so busy now, I haven't had time, but I'm looking!"

And he declared that his wife, to whom he was married 65 years until her death, was the most influential person in his long life.

"I had a beautiful marriage," he said. "We made it by learning to give and take."