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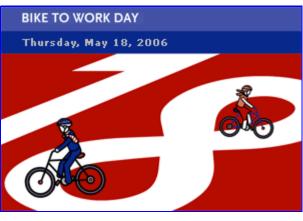
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 Register online at metro.net. Click on image for details and download cool new screensaver by Metro Webmaster Joe Simpson.

Metro Promoting Bike to Work Day with Prize Drawings

By JOSÉ UBALDO

(May 2, 2006) Metro is promoting the 12th annual Bike To Work Day on Thursday, May 18, by offering several commuter bikes and bike accessories as prizes to those who register in advance online at Metro.net/biketowork and pledge to bike to work, school or other destinations on that day.

Metro employees and their families are eligible to participate in the prize drawings if they pledge to use their bicycles for commuting on May 18.

On Bike to Work Day, Metro will offer free rides to bicyclists on its buses and trains. Also participating are LADOT, Beach Cities Transit, Commerce Municipal Bus Lines, Commuter Express, Gardena Municipal Bus Lines, Montebello Bus Lines and Norwalk Transit.

Metro will co-host bike pit stops with local organizations and is inviting bicyclists to stop by for refreshments and free giveaways from 7 a.m. to 10 a.m.

Bike pit locations

The bike pit stops will be located in Long Beach, Los Angeles, San Fernando and San Gabriel Valleys, Santa Clarita, Santa Monica and the South Bay area. For exact locations go to Metro.net.

Metro is promoting the event with the California Bicycle Coalition, Caltrans, Los Angeles County Bicycle Coalition (LACBC), the City of Los Angeles Department of Transportation, Bikestation Long Beach, REI, 7-Eleven, Ocean Potion Suncare, Costco, Clif Bar, Answer Products, the Aerospace Corporation, City of Los Angeles, Delta Air Lines, Foothill Transit, Ketchum-Downtown YMCA, Los Angeles World Airports (LAWA), City of Santa Clarita and Newhall Bicycle Company.

Metro is also supporting a series of events such as the third annual interfaith Blessing of the Bicycles at the Good Samaritan Hospital in Los Angeles and the El Segundo/Westchester Bike To Work Employer

Challenge on Tuesday, May 16, as well as the Los Angeles River Ride, on Sunday, May 21, sponsored by the LACBC.

Details of these and other bicycling events are accessible on Metro.net.

Metro has spent more that \$10 million funding such projects as the Long Beach Bikestation, bike lockers and racks at Metro Rail and Metrolink stations and other public facilities to encourage commuters to bike to work, and also for education of children on safe riding habits and other bike expenditures.

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