

[Home](#)[CEO Hotline](#)[Viewpoint](#)[Classified Ads](#)[Archives](#)[Metro.net](#) (web)

## Resources

[Safety](#)[Pressroom](#) (web)[Ask the CEO](#)[CEO Forum](#)[Employee Recognition](#)[Employee Activities](#)[Metro Projects](#)[Facts at a Glance](#)  
(web)[Archives](#)[Events Calendar](#)[Research Center/  
Library](#)[Metro Classifieds](#)[Bazaar](#)

## Metro Info

[30/10 Initiative](#)[Policies](#)[Training](#)[Help Desk](#)[Intranet Policy](#)

## Need e-Help?

Call the Help Desk  
at 2-4357

[Contact myMetro.net](#)

Sheriff's Deputy Ted Broadston demonstrates identifying suspicious packages in transit stations at OD&T's in-service training session for Transportation Career Academy Program (TCAP) interns.

## Metro Welcomes New Crop of Transportation Career Academy Interns

By Tawny Gestuvo  
*Contributing Writer*

(July 21, 2009) Dressed to impress, Metro's Transportation Career Academy Program (TCAP) interns on July 10 began their mini-careers at Metro by participating in one of five in-service training sessions held in the Organizational Development & Training Department.

The diverse group, made up of high school juniors, seniors and recent graduates, have been placed in various Metro departments including General Services and Public Relations.

According to OD&T Administrative Intern Katie Talbert, who helps coordinate the program, there are 46 interns, seven of which are TCAP Intern supervisors.



TCAP student supervisors include, from left, Sajid Hameed, Rabia Fnu, Hannah Blair, Gavin Nilpradab and Angela Campos. *Photos by Gayle Anderson*

### **Valuable experience, understanding**

Kavin Nilpradab, a senior at Schurr High School in Montebello, is a TCAP student supervisor and hopes to gain valuable work experience and a better understanding of the public transportation industry.

"OD&T's in-service trainings are really effective. We determined what the students training needs would be step by step and it is a bonding and learning experience for both the interns and TCAP Intern Supervisors," said Nilpradab.

As part of their internship experience, interns will be required to attend in-service training courses every Friday to be held in the University Conference Room in the OD&T Department.

The courses are taught by Metro's Sr. Development & Training Specialists and the OD&T Director, and by East Los Angeles College Adjunct faculty.

The courses complement what students may have already studied at their respective TCAP high schools, where curriculum focuses on urban planning, engineering, and Computer-Aided Design (CAD).

Talbert said the TCAP curriculum is structured to introduce the students to careers in transportation, computer technologies and advanced tips and tricks in computer software applications.

This marks the first year Metro was able to secure monies from the Los Angeles Community College District to cover the cost to offer internships to the TCAP students for the summer months.

Students were required to attend a Metro's sponsored Safety First training and Metro's Transit Terrorism Awareness training course.

The TCAP internship has been offered through Metro's Organizational Development & Training Department since 1995.

### **Advantages gained**

Since Christopher Cortez steps into his internship at General Services after graduating from North Hollywood High School in June, Metro will be his

first professional experience.

"I was nervous at first but it is a pleasure to work here. I appreciate the opportunity to work for such a good company," said Cortez, who plans to attend college.

Though he's undecided about his major, Cortez says he is interested in teaching and hopes his stint with a transit agency will help him gain an advantage in the labor market when he launches his permanent job search.

If a full-time position opens up at Metro in the future, Cortez says he'll be happy to apply for it.

---

| [Home](#) | [Phone Directory](#) | [Forms Online](#) | [FIS Online](#)