

# Metro News Pressroom

September 3, 2004

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## **Go Metro to Heart Walk Los Angeles 2004**

Get your exercise and help raise funds for life saving heart research. Metro can take you to the American Heart Association's Heart Walk Los Angeles Sept. 11-18.

More than 15,000 walkers are expected to participate in five walks throughout Los Angeles County to raise funds for research and education programs to fight heart disease and stroke. Events feature a 5k walk, plus an exciting Wellness Festival that includes health screenings, free food, kid zones, pet zones\*, music and fun.

### **Saturday, September 11, 9 a.m.**

Glendale Memorial Heart Center\*  
Metro Bus 94, 180, 181, 183, 603  
Glendale Bee Line 1, 2

### **Saturday, September 11, 9 a.m.**

Santa Clarita – City Hall\*  
Santa Clarita Transit Line 1, 2

### **Wednesday, September 15, 5 p.m.**

Wells Fargo Museum, Downtown L.A.  
Metro Red Line, Pershing Square Station  
Metro Bus 76, 78, 79, 96, 484, 485, 487, 489, 490, 491  
Foothill Transit 480, 482, 486, 488, 492, 494  
DASH B

### **Saturday, September 18, 9 a.m.**

Mattel Headquarters, El Segundo\*  
Metro Bus 124, 232

### **Saturday, September 18, 9 a.m.**

Veterans Administration Center, Westwood  
Metro Bus 124, 232

For more information about Heart Walk, call 213-291-7000 or visit [www.heartwalkla.org](http://www.heartwalkla.org). For more information on Metro Bus and Rail, visit [metro.net](http://metro.net) or call 1-800-C-O-M-M-U-T-E.

**METRO-155**

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