



Metrolink News and Events

September '06



The LA County Fair Rides Again

Hitch up your wagons, get the family together, and head out to Pomona for the Los Angeles County Fair! Are you looking for food? They've got it! Shopping? Visit the largest retail consumer show in the West. Rides? Visit the midway and twirl, drop, and twist till closing time. It's all at the Fairplex in Pomona.

- "Scare at the Fair," a haunted 3-D attraction, will immerse you in a world of terror! Grab a friend and prepare yourself for the ultimate haunted house.
- The Flower and Garden Pavilion will provide a spectacular theme exhibit, "Road to Morocco."
- At the Millard Sheets Gallery, you'll find works of art by Los Angeles County artists in a show titled "Fair Exchange."
- The America's Kids/Education Expo area will let you take a "Leap into Literature" with hands-on activities, contests, and storytelling with noted authors of children's books.

The LA County Fair will open its gates on Friday, September 8, and continue through Sunday, October 1. What better way to get to the

fair than on a Metrolink train? San Bernardino Line trains will make special stops at the Fairplex beginning Friday, September 8. Trains will stop at the fair on Thursdays, Fridays, Saturdays, and Sundays until the fair ends on October 1. Metrolink's San Bernardino weekend service has added later trains that will allow you to spend even more time enjoying the fair. Want to see the fireworks on Saturdays? Now you can!

The LA County Fair will open at 11:00 a.m. Wednesdays through Fridays and 10:00 a.m. on weekends. If you are planning to take Metrolink to the fair, please remember to purchase a round-trip ticket to Pomona from the station ticket-vending machine prior to boarding your train. Passengers waiting for the train home from the fair will not be allowed to board without valid fare media. Admission tickets to the Los Angeles County Fair can be purchased at the admission gates.

Visit the LA County Fair web site, www.lacountyfair.com, for a complete listing of events. For more Metrolink information, visit www.metrolinktrains.com or call (800) 371-LINK (5465).



2006 METROLINK LOS ANGELES COUNTY FAIR SCHEDULE

FROM LOS ANGELES TO SAN BERNARDINO

FROM SAN BERNARDINO TO LOS ANGELES

Train	304	308	310	318	326	328	330	332	Train	319	321	323	325	327	329	331	333
L.A. UNION STATION	11:20a	1:20p	2:20p	4:40p	6:00p	7:00p	8:00p	9:00p	SAN BERNARDINO	11:00a	1:00p	2:00p	3:00p	4:00p	5:00p	6:10p	7:15p
CAL STATE LA	11:30a	1:30p	2:30p	4:50p	6:10p	7:10p	8:10p	9:10p	RIALTO	11:06a	1:06p	2:06p	3:06p	4:06p	5:05p	6:16p	7:21p
EL MONTE	11:40a	1:40p	2:40p	5:00p	6:20p	7:20p	8:20p	9:20p	FONTANA	11:11a	1:11p	2:11p	3:11p	4:11p	5:10p	6:21p	7:26p
BALDWIN PARK	11:48a	1:48p	2:48p	5:08p	6:28p	7:28p	8:28p	9:28p	RANCHO CUCAMONGA	11:19a	1:19p	2:19p	3:19p	4:19p	5:18p	6:28p	7:34p
COVINA	11:55a	1:55p	2:55p	5:15p	6:35p	7:35p	8:35p	9:35p	UPLAND	11:26a	1:26p	2:26p	3:26p	4:26p	5:24p	6:39p	7:41p
LA COUNTY FAIR	12:02p	2:02p	3:02p	5:22p	6:42p	7:42p	8:42p	9:42p	MONTCLAIR	11:31a	1:31p	2:31p	3:31p	4:31p	5:30p	6:50p	7:46p
POMONA-NORTH	12:05p	2:05p	3:05p	5:25p	6:45p	7:45p	8:45p	9:45p	CLAREMONT	11:34a	1:34p	2:34p	3:34p	4:34p	5:33p	6:53p	7:51p
CLAREMONT	12:09p	2:09p	3:09p	5:29p	6:49p	7:49p	8:49p	9:49p	POMONA-NORTH	11:38a	1:38p	2:38p	3:38p	4:38p	5:37p	6:57p	7:55p
MONTCLAIR	12:12p	2:12p	3:12p	5:32p	6:52p	7:52p	8:52p	9:52p	LA COUNTY FAIR	11:39a	1:39p	2:39p	3:39p	4:39p	5:38p	7:58p	7:56p
UPLAND	12:17p	2:17p	3:17p	5:37p	6:57p	7:57p	8:57p	9:57p	COVINA	11:47a	1:47p	2:47p	3:47p	4:47p	5:52p	7:06p	8:04p
RANCHO CUCAMONGA	12:24p	2:24p	3:24p	5:44p	7:04p	8:04p	9:04p	10:04p	BALDWIN PARK	11:53a	1:53p	2:53p	3:53p	4:53p	5:58p	7:12p	8:10p
FONTANA	12:33p	2:33p	3:33p	5:53p	7:13p	8:13p	9:13p	10:13p	EL MONTE	12:02p	2:02p	3:02p	4:12p	5:21p	6:20p	7:26p	8:22p
RIALTO	12:39p	2:39p	3:39p	5:59p	7:24p	8:19p	9:19p	10:19p	CAL STATE L.A.	12:13p	2:13p	3:13p	4:36p	5:36p	6:31p	7:36p	8:32p
SAN BERNARDINO	12:50p	2:50p	3:50p	6:09p	7:35p	8:30p	9:30p	10:30p	L.A. UNION STATION	12:30p	2:30p	3:30p	4:50p	5:50p	6:45p	7:50p	8:50p

FROM LOS ANGELES TO SAN BERNARDINO

FROM SAN BERNARDINO TO LOS ANGELES

Train	356	358	362	364	366	370	372	374	376	Train	355	359	361	363	365	369	858	371	860	373	375	
L.A. UNION STATION	9:00a	10:55a	1:20p	3:25p	4:45p	6:15p	7:45p	9:00p	11:15p	DOWNTOWN RIVERSIDE				1:00p			L4:49p		L6:29p			
CAL STATE LA	9:10a	11:05a	1:30p	3:35p	4:55p	6:25p	7:55p	9:10p	11:25p	SAN BERNARDINO	8:45a	11:05a	12:35p	1:40p	2:50p	4:10p	5:20p	5:35p	7:00p	7:10p	9:20p	
EL MONTE	9:20a	11:15a	1:40p	3:45p	5:05p	6:35p	8:05p	9:20p	11:35p	RIALTO	8:51a	11:11a	12:41p	1:46p	2:56p	4:16p		5:41p		7:16p	9:26p	
BALDWIN PARK	9:28a	11:23a	1:48p	3:53p	5:13p	6:43p	8:13p	9:28p	11:43p	FONTANA	8:56a	11:16a	12:46p	1:51p	3:01p	4:21p		5:46p		7:21p	9:31p	
COVINA	9:36a	11:31a	1:56p	4:01p	5:21p	6:51p	8:21p	9:36p	11:51p	RANCHO CUCAMONGA	9:04a	11:24a	12:54p	1:59p	3:09p	4:29p		5:54p		7:29p	9:39p	
LA COUNTY FAIR	9:44a	11:39a	2:04p	4:12p	5:30p	6:59p	8:29p	9:44p	11:59p	UPLAND	9:11a	11:31a	1:01p	2:06p	3:16p	4:36p		6:01p		7:36p	9:46p	
POMONA-NORTH	9:47a	11:42a	2:07p	4:15p	5:33p	7:02p	8:32p	9:47p	12:02p	MONTCLAIR	9:16a	11:36a	1:06p	2:11p	3:21p	4:41p		6:06p		7:41p	9:51p	
CLAREMONT	9:51a	11:46a	2:11p	4:19p	5:37p	7:06p	8:36p	9:51p	12:06p	CLAREMONT	9:19a	11:39a	1:09p	2:14p	3:24p	4:44p		6:09p		7:44p	9:54p	
MONTCLAIR	9:55a	11:50a	2:15p	4:23p	5:41p	7:10p	8:40p	9:55p	12:10p	POMONA-NORTH	9:23a	11:43a	1:13p	2:18p	3:28p	4:48p		6:13p		7:48p	9:58p	
UPLAND	10:00a	11:55a	2:20p	4:28p	5:46p	7:15p	8:45p	10:10p	12:15p	LA COUNTY FAIR	9:24a	11:44a	1:14p	2:19p	3:29p	4:49p		6:14p		7:49p	9:59p	
RANCHO CUCAMONGA	L10:07a	L12:02	L2:27	L4:35	L5:53	L7:22	L8:52	L10:07p	L12:22p	COVINA	9:32a	11:52a	1:22p	2:27p	3:37p	4:57p		6:22p		7:57p	10:07p	
FONTANA	L10:16a	L12:11	L2:36	L4:44	L6:02	L7:31	L9:01	L10:16p	L12:31p	BALDWIN PARK	9:38a	11:58a	1:28p	2:33p	3:43p	5:03p		6:28p		8:03p	10:13p	
RIALTO	L10:21a	L12:16	L2:41	L4:49	L6:07	L7:36	L9:06	L10:21p	L12:26p	EL MONTE	L9:47a	L12:07	L1:37	L2:42	L3:52	L5:12		L6:37		L8:12	L10:22	
SAN BERNARDINO	10:30a	12:25p	2:45p	5:00p	6:15p	7:45p	9:10p	10:30p	12:45p	CAL STATE LA	L9:58a	L12:18	L1:48	L2:53	L4:03	L5:23		L6:48		L8:23	L10:33	
DOWNTOWN RIVERSIDE			3:30p			9:55p				L.A. UNION STATION	10:15a	12:35p	2:05p	3:10p	4:20p	5:40p		7:05p		8:40p	10:50p	

FROM LOS ANGELES TO SAN BERNARDINO

FROM SAN BERNARDINO TO LOS ANGELES

Train	356	360	362	364	368	372	Train	357	359	363	367	858	371
L.A. UNION STATION	9:00a	11:25a	1:20p	3:25p	5:25p	7:45p	DOWNTOWN RIVERSIDE			1:00p		L4:49p	
CAL STATE LA	9:10a	11:35a	1:30p	3:35p	5:35p	7:55p	SAN BERNARDINO	9:10a	11:05a	1:40p	3:30p	5:20p	5:35p
EL MONTE	9:20a	11:45a	1:40p	3:45p	5:45p	8:05p	RIALTO	9:16a	11:11a	1:46p	3:36p		5:41p
BALDWIN PARK	9:28a	11:53a	1:48p	3:53p	5:53p	8:13p	FONTANA	9:21a	11:16a	1:51p	3:41p		5:46p
COVINA	9:36a	12:01p	1:56p	4:01p	6:01p	8:21p	RANCHO CUCAMONGA	9:29a	11:24a	1:59p	3:49p		5:54p
LA COUNTY FAIR	9:44a	12:09p	2:04p	4:12p	6:10p	8:29p	UPLAND	9:36a	11:31a	2:06p	3:56p		6:01p
POMONA-NORTH	9:47a	12:12p	2:07p	4:15p	6:13p	8:32p	MONTCLAIR	9:41a	11:36a	2:11p	4:01p		6:06p
CLAREMONT	9:51a	12:16p	2:11p	4:19p	6:17p	8:36p	CLAREMONT	9:44a	11:39a	2:14p	4:04p		6:09p
MONTCLAIR	9:55a	12:20p	2:15p	4:23p	6:21p	8:40p	POMONA-NORTH	9:48a	11:43a	2:18p	4:08p		6:13p
UPLAND	10:00a	12:25p	2:20p	4:28p	6:26p	8:45p	LA COUNTY FAIR	9:49a	11:44a	2:19p	4:09p		6:14p
RANCHO CUCAMONGA	L10:07a	L12:32	L2:27	L4:35	L6:33	L8:52	COVINA	9:57a	11:52a	2:27p	4:19p		6:22p
FONTANA	L10:16a	L12:41	L2:36	L4:44	L6:42	L9:01	BALDWIN PARK	10:03a	11:58a	2:33p	4:25p		6:28p
RIALTO	L10:21a	L12:46	L2:41	L4:49	L6:47	L9:06	EL MONTE	L10:12a	L12:07	L2:42	L4:34		L6:37
SAN BERNARDINO			3:00p			9:25p	CAL STATE LA	L10:23a	L12:18	L2:53	L4:45		L6:48
DOWNTOWN RIVERSIDE			3:30p			9:55p	L.A. UNION STATION	10:40a	12:35p	3:10p	5:00p		7:05p



"L" Train may depart up to five minutes ahead of schedule



Proud to be an American

On July 21, 2006, Lita Aquino took the oath of citizenship, along with approximately 3,000 other people, and became a U.S. citizen. Aquino works for Mass Electric, a contractor responsible for the maintenance and safety of Metrolink's extensive track network, as an administrative assistant.

"I want to thank everyone," said Aquino, who was born in the Philippines. "I am very happy to be in this country."

As part of her six-year path to citizenship, Aquino was required to study U.S. history and government. Her knowledge of this country was put to the test in an oral interview on July 7, and two weeks later she joined a large group of people at the Fairplex in Pomona for her swearing-in ceremony.

Dan Guerrero, manager of Signals and Communications for Metrolink, was surprised to find out where Aquino was that morning. "She kept it very low key," said Guerrero. "We are extremely proud of her. This is a great achievement." Guerrero then reflected, "Those of us born in America sometimes take [citizenship] for granted, something [Aquino] will never do."

"It has been our privilege to support Lita in her aspiration to become a US Citizen," said David Solow, CEO of Metrolink. "On behalf of the entire Metrolink family of employees and contractors, congratulations. We are proud of her accomplishment."

Ms. Aquino has four children, two of whom are currently serving the United States Armed forces as medical technicians, a son in the Navy, and a daughter in the Army stationed in Iraq.



What Does Metrolink Mean to You?

Calling all photographers! On October 26, 2006, Metrolink will celebrate 14 years of service to Southern California commuters. To commemorate the occasion, we want your photographs. Send us a picture that reflects the theme "What Metrolink Means to Me," and you could win a free January 2007 Metrolink monthly pass.

The winning photo will be featured in an upcoming issue of *Metrolink Matters*. A gallery of submitted images will be featured at metrolinktrains.com for your enjoyment.

Photos must have been taken specifically for this contest; images that have been published elsewhere are not eligible. Please remember the following guidelines:

1. All photos must be submitted no later than September 15. Mail-in submissions must have a postmark date of September 14 or earlier to be considered for entry.
2. Your photo must contain an image of a Metrolink train's interior or exterior.
3. There must be at least one person in your photo.
4. Photos with objectionable or offensive content will be rejected.
5. Photos submitted must be original works, owned by you; you must possess all rights to reproduce and distribute submitted photos.
6. Digital photos must have a minimum resolution of 300 dots per inch (dpi) or a minimum size of 1 megabyte.
7. Physical photographs must be glossy (no matte finish) and at least 4 inches by 6 inches.

8. Photos may be submitted via mail or e-mail.
9. If you wish to have your photos or discs returned, you must include a self-addressed, reply-paid envelope with your entry.

Fill out the entry form below and send it to *Metrolink Matters*, PHOTO CONTEST, 700 S. Flower Street, Suite 2600, Los Angeles, CA 90017, or send your photo via e-mail to photocontest@metrolinktrains.com. Be sure to type "PHOTO CONTEST" in the subject line, and include the information below in your e-mail.

Winner will be contacted by phone.

By submitting your photo, you, and any person in the picture, grant Metrolink permission to reproduce said photo in both print and online media.

The January monthly pass will be mailed to the winner of the contest in December, and will be good for travel between the stations specified in the winner's entry form.



Metrolink Photo Contest

Photo Title: _____

Brief Description of Photo: _____

Name: _____

Address: _____

E-mail: _____

Phone Number: () _____

Stations: Boarding _____ Destination _____

Station City News

Lancaster—Jacqueline Cochran, the first female inductee to Lancaster's Aerospace Walk of Honor, will be among those to whom the city will pay tribute at a ceremony scheduled for 3 p.m. on Saturday, September 16, at the Lancaster Performing Arts Center. The special guest speaker for the event will be comet discoverer David H. Levy, who is credited with finding 21 new comets, several of which he discovered using a backyard telescope! Admission will cost \$5 per person, and all attendees will receive a commemorative coin. Tickets are available at the Lancaster Performing Arts Center Box Office.

Cherry Poppin' Daddies, an award-winning group that puts a contemporary twist on the swing era, will appear in a free concert on September 16, from 5:30 p.m. to 9:30 p.m., as part of the Celebrate Downtown series. The celebration will also include a farmers' market, food vendors, arts and crafts, and numerous aviation displays. The Celebrate Downtown series takes place on Lancaster Boulevard between Fern Avenue and Date Avenue.

For additional information, please call (661) 723-6077 or visit www.cityoflancasterca.org.



Sweet Charity

Meet Charity Hope Valentine. She's a true original, an eternal optimist...and the unluckiest romantic in New York City. Film and television star Molly Ringwald will headline the national tour of the hit Broadway revival of *Sweet Charity*, coming to the historic Pantages Theatre in Hollywood for 16 performances only from October 11 to 22, 2006. Swing on by the Fandango ballroom and let Charity dance her way into your heart!

For a chance to win one of five pairs of tickets, simply fill out the entry form below and mail it by September 30, 2006, to Metrolink Matters, Sweet Charity Contest, 700 S. Flower Street, Suite 2600, Los Angeles, CA 90017. All winners will be contacted by phone.



Sweet Charity Contest

Name: _____

Address: _____

E-mail: _____

Phone: () _____

METROLINK MATTERS

Editor-in-Chief: Paul Sitkoff
 Contributors: Tracy Berge and Anja Magnani
 Designer: Harlan West/HWDS
 Writing Consultants: Rogers & Associates
 C.E.O.: David Solow

Director, Communications and Development: Steve Lantz
 Manager, External Communications: Francisco Oaxaca

Send comments or story ideas to metrolinkmatters@scrra.net or to Metrolink Matters, 700 S. Flower St., Suite 2600, Los Angeles, CA 90017.

Published by the External Communications Department.

LA County Fair

Rides, shows, and pig races! What's not to like about the LA County Fair? How about going to the fair for free? Metrolink is giving away four four-packs of LA County Fair admission tickets—but you have to act quickly!



For your chance to win, fill out the entry form below and mail it by September 9, 2006, to Metrolink Matters, LA FAIR Contest, 700 S. Flower Street, Suite 2600, Los Angeles, CA 90017.

The drawing will be held on September 14. Any entries that arrive after September 13 will be disqualified.

All winners will be contacted by phone. The prize will be a voucher for four tickets to the LA County Fair that must be redeemed in person at the LA County Fair ticket booths.

LA COUNTY FAIR Contest

Name: _____

Address: _____

E-mail: _____

Phone: () _____



the true value of home



MARIPOSA
 SIERRA VISTA

Exceptional features are included in these two and three-story homes offering approximately 2,557 to 3,715 square feet, up to six bedrooms, and located in desirable West Lancaster.

Priced from the \$400,000s. 661.943.0540

WARMINGTONHOMESCA.COM

valyou added



Prices effective date of publication and subject to change prior to sale. Model depicted do not reflect racial preference.

WARMINGTON HOMES
 CALIFORNIA

HWDS1501-8/06

Printed on recycled paper with soy ink.



Sweet Music at the Claremont Depot Jazz Series

Get ready to be dazzled by the sweet sounds of jazz under the stars as the City of Claremont and Metrolink proudly sponsor the 10th Annual Claremont Depot Jazz Series each Friday, September 22 through October 20, at the historic Claremont Depot Transit Station. Music and dancing will fill the depot as jazz artists make the joint jump!

The Claremont Depot Jazz Series will include many varieties of jazz, including swing, Latin jazz, jumping blues, big band, and mainstream jazz. Come on out with the whole family and enjoy jazz under the stars.

The Claremont Depot, originally built in 1887, played an important role in the citrus industry. In 1927, the original structure was replaced; the new structure served passengers until it closed in 1967. The station sat vacant until the city purchased and restored the building in 1989 to serve as a transit center for Metrolink trains, buses, and Dial-a-Ride services.

You will not want to miss this opportunity to enjoy quality jazz in this extraordinary setting. The FREE concerts will take place on Friday, September 22, from 6 p.m. to 8:30 p.m., and on September 29 and October 6, 13, and 20 from 7 p.m. to 8:30 p.m. at the Claremont Depot, located at 200 West First Street. Attendees are encouraged to bring a blanket or chairs.

For more information, please contact Claremont Human Services at (909) 399-5490.

FEATURED ARTISTS

September 22, 6 p.m. to 8:30 p.m.

Swing 4 Sale

Lao Tizer

September 29, 7 p.m. to 8:30 p.m.

Mark Carter

October 6, 7 p.m. to 8:30 p.m.

2AZZ1 (Soul Jazz)

October 13, 7 p.m. to 8:30 p.m.

Joel Penner Sextet (Contemporary Jazz)

October 20, 7 p.m. to 8:30 p.m.

Donavan/Muradian

Quintet (Straight Ahead Jazz)



Expanded San Bernardino Weekend Service

On Saturday September 9, San Bernardino Line weekend service will debut expanded schedules that will provide even more options for passengers. Saturday service between San Bernardino and Los Angeles will increase from 8 to 10 trains in each direction, including our first late night train (departing Los Angeles at 11:15 p.m.) that leaves plenty of time to enjoy a show, concert or game and still take the train home.

Sunday service will also be growing from 4 to 6 trains in each direction between San Bernardino and Los Angeles. The last departure from Los Angeles will now be at 7:45 p.m. instead of 7:00 p.m. During September, selected Saturday and Sunday trains (including the new later evening trains) will stop at the Los Angeles County Fair, making this the perfect time to take advantage of our new service. Schedules for weekend service on our Antelope Valley and Orange County Lines will be adjusted on September 9 to provide the most convenient connections possible at Union Station. Be on the lookout for a Commuter Update flyer with more details on these changes and our new weekend timetable on your train later this month.

For schedules or more information, visit www.metrolinktrains.com or call (800) 371-LINK (5465).

Suicide—it's a topic many people find difficult to discuss. The U.S. Department of Health and Human Services estimates that there are more than 30,000 suicides each year. The California Suicide Prevention Resource Center estimates that nearly 3,000 residents commit suicide each year. Sadly, many people choose to involve railroad equipment and employees in their suicidal acts. Approximately 25 percent of the fatalities that occur on Metrolink rights-of-way or at grade crossings are suicides.

Many of those who have died this way informed friends or family of their suicidal thoughts and intentions. Sadly, their comments were not taken seriously or addressed, leaving many affected by suicidal actions. According to the US Department of Health and Human services website, www.suicidepreventionlifeline.org, if you think someone you know is thinking about suicide, show that you care by

- Listening to them with sincere concern for their feelings. Do not offer advice. Let them know that they are not alone.
- Sharing your feelings with them. If you feel that they may make a reckless decision, tell them you are concerned about them. They need to know that they are important to you and that you care.
- Inquiring in a straightforward manner about whether they have had suicidal thoughts or have made a suicidal plan. If you cannot ask the question, find someone who can.

Help is available any time, anywhere. Trained crisis-center staff will listen to your needs and offer: ■ Counseling ■ Suicide intervention ■ Mental-health referral information

Call the National Suicide Prevention Lifeline at (800) 273-TALK (8255), 24 hours a day, 7 days a week, or the Los Angeles County Department of Mental Health at (800) 854-7771, 24 hours a day, 7 days a week.

