





## SPECIAL CLIP AND SAVE SECTION

**Protect your family — Read and remember these safety hints**

Crimes of violence represent only a minimal percentage of crimes reported each year. Yet, their consequences are the most severe. Protect yourself and family by avoiding the circumstances which generally precede such crimes.

**1. AVOID HIGH CRIME AREAS.**

This is especially true in cities. It may seem obvious, but it bears repeating. Whenever possible select travel routes that avoid these areas.

**2. BE ESPECIALLY CAUTIOUS AT NIGHT.**

Street criminals use darkness as a shield. Park your car in well lighted areas. Don't walk down desolate streets if you don't have to. Take a cab instead.

**3. KNOW YOUR ROUTE HOME.**

Note the locations of stores, service stations, etc. that are open late. Remember the locations of buildings with doormen and police and fire stations. Avoid alleys, dark parking lots, and parks.

**4. DON'T GIVE RIDES TO STRANGERS.**

It's better to be safe than sorry. A growing number of violent crimes are the result of a driver's kindness to an unknown hitchhiker.

**5. WHEN DRIVING, KEEP DOORS LOCKED AND SEATBELTS FASTENED.**

The seatbelt not only protects you in case of accident, but it prevents you from being pulled from your car. Weather permitting, keep the windows up.

**6. LADIES, LEAVE YOUR PURSE ON THE FLOOR OF THE CAR.**

Don't put it on the car seat next to you. It only takes a second for a thief to reach through an open window or open the car door and steal your purse while you're stopped for traffic.

**7. WHEN CONFRONTED, COOPERATE.**

Street criminals are not always rational. They may be under the influence of drugs. So do what they say and do it quickly. If a robber displays a firearm, consider it loaded. The objective is to avoid physical injury. But try to remember identifying physical features and report the incident to the police immediately.

**8. NEVER OPEN YOUR DOOR TO STRANGERS.**

Install a "peephole" or chain-latch so that you can properly identify callers before fully opening your door. And don't be afraid to demand proper identification.

**9. KNOW YOUR NEIGHBORS.**

Knowing your neighbors can pay off in case of trouble. List their phone numbers in the EMERGENCY PHONE NUMBERS section of this booklet.

**10. IF YOU LIVE ALONE, DON'T ADVERTISE IT.**

Single women should list their name in the phone directory with first and middle initials . . . J.A. Duncan instead of Janet A. Duncan.

**11. IF ATTACKED, SHOUT "FIRE" INSTEAD OF "HELP" OR "RAPE".**

It elicits a better response. Some women carry a whistle. A shrill whistle blast can unnerve an attacker and alert assistance.

**12. WALKING ALONE IN PUBLIC PLACES**

Ignore anyone who bothers you — don't be polite or engage in conversation. If he persists, tell him, or her, to leave you alone. A loud voice and show of anger will usually be effective. One of the first defenses against this sort of aggravation would be a loud whistle carried on your person at all times.

If this doesn't work, walk toward other peo-

"The fear of assault is as disabling as the assault itself."

So, don't be scared, be prepared.



ple and stay away from places where you might get cornered. If you are followed by someone in a car, simply turn and walk in the opposite direction. It's best to walk facing traffic in the first place. If the person persists or becomes obscene, write down his license number (if in a car) and report it to the police. We would like to remind you here that every citizen, young or old, should know the location and phone number of their nearest police department or sheriff's station.

**13. WALKING ALONE AT NIGHT**

DON'T - unless it's absolutely necessary. If you must, walk in open and well-lighted areas.

Avoid areas where assailants might hide, like shrubbery, dark passageways and spaces between parked cars. If someone follows you, run to the nearest place where you'll find people and don't be afraid to knock on anyone's door. Just explain to them what is happening. Try not to be hysterical - it can only work against you.

**14. AVOIDING PURSE SNATCHERS**

Hold your purse firmly, close to your body. Keep your shoulder bag over your shoulder — don't dangle it by the strap. Keep your purse with you at all times, even while trying on shoes or clothes. Don't carry open shopping bags — they are invitations to pickpockets.

**15. A DOG FOR PROTECTION?**

If you have a big dog, take him with you when you're out alone. A dog may deter a mugger or be a good burglar alarm, but only a properly trained guard dog can be relied upon for protection.

**16. PARKING**

Park only in well-lighted areas at night. If anyone approaches, stay in the car with the doors locked until the person leaves. If you're trapped, honk your horn in quick, short bursts. Don't be afraid of annoying anyone. Your aim is to get attention.

**17. LEAVING YOUR CAR**

Make sure all car doors are locked. Put anything that might be stolen in the trunk. When you return, have your keys ready before you reach the car, so you can get in quickly. Check the back seat first for uninvited guests.

**18. CAR TROUBLE (freeways, highways, deserted areas)**

Pull well off to the side of the road if you have car trouble. Turn on your emergency flashers. Raise your hood and put a white flag on the aerial. These are recognized distress signals.

Stay in the car with the doors locked. Wait for the police or a tow truck. If a stranger stops to offer help, ask him to summon the police, but don't accept a ride from the stranger or start out on foot.

**19. HOME SECURITY**

If you live alone, put only your last name and initials on the mailbox. Put a strong lock on all doors; double cylinder deadbolt locks are the best to use. Spring locks or any type with a button in the door knob are easy to force open. A chain is useful, but not as a substitute for a good lock. A chain can be easily ripped off the wall. Install adequate locks on all windows and entryways.

Lock a sliding glass door by placing a dowel in the runner. Have a porthole or optical viewer to see who is at your door before you open it. If you leave home and expect to return after dark, turn on the porchlight and, again, have your keys ready before you get to the door.

**20. PROWLERS**

If you see a prowler on your property, call the police at once. Don't let the prowler see you, unless he tries to break in. If he does try to break in, scream as loud as you can and make enough noise so that your neighbors will hear you. It is a good idea to know your neighbors, and to make them aware that you have a loud whistle that you use in times of trouble.

**21. A GUN FOR PROTECTION?**

If a burglar or attacker enters your home, your best defense is a loud scream or blast on your whistle, and then an attempt to get out and run to the nearest place where people are. Anytime you have a weapon, such as a gun, you are liable to provoke deadly violence in reaction.

If you already have a gun in your home for protection, please make sure you find a qualified instructor to teach you how to take proper care of it, and proper handling of it. Owning a firearm is a serious responsibility and not something to be handled lightly. It could do more harm than good. Also, make sure you are knowledgeable in your local and state laws about firearms. Please remember that many people have been injured and killed by their loved ones unintentionally. This fact alone may deter you from keeping a gun in your house. If it doesn't, then make sure you inform your relatives that they should let you know they will be coming over, or to knock on the door until you wake up and realize they are not burglars. **Keep away from children.**

**22. TELEPHONE HARASSMENT**

List only your last name and initials, not your first name, in the directory. Don't give information about yourself to a stranger over the phone. Never reveal that you are home alone. If you receive an obscene phone call, hang up at once. If he calls again, you could use your whistle on the caller. If the calls persist, notify the police and the phone company and have your number changed.

**RULES KIDS SHOULD KNOW**

Help your children help themselves by discussing these few simple but important rules that can protect them from harm.

1. Remember . . . a policeman is your friend. Don't be afraid to talk to him and ask him questions.

2. Never obey a stranger who tries to get you to enter his car.

3. Don't take money or candy or gifts from strangers on the street.

4. When a strange person drives up and asks you for directions, keep a safe distance away from his car when you answer.

5. Always learn the names and telephone numbers of your friends so that your parents can call them to find you when it's necessary. (List them under EMERGENCY PHONE NUMBERS).

6. Don't play alone in alleys or near empty or deserted buildings.

7. Tell your teacher or a policeman about any big person whom you don't know who wants to join you in your play.

8. Tell your teacher or a policeman about anyone you don't know who keeps hanging around your school yard or follows you to or from school.

9. Remember to write down the license number of the car of any stranger who takes one of your friends for a ride. Use a crayon or stone to write the number on the sidewalk . . . or scratch it in the dirt with a stick.

10. Don't go into any buildings or rooms for any reason with a big person you don't know.





## Classes build self-confidence

During December the Transit Police sponsored a series of crime prevention and self-defense classes for District personnel. Over 400 people participated in the classes during a five day period. They not only heard from Transit Police officers on topics ranging from home and auto security to rape and assault prevention, but received some basic training in self-defense techniques as well.

In addition to two hours of instruction, demonstration and crime prevention films, each class spent an hour working in small groups with their instructors learning the fine points of maiming, mauling and mutilating an attacker. For fifteen minutes at each of four stations participants first watched and then practiced breaking holds, protecting their purses, and using everyday objects such as umbrellas and pens as defensive weapons in the event they are ever attacked. "Actually, it's a little bit scary, you know," said one participant. "I mean, I've been going along, scared whenever I leave the headquarters building, just hoping each time that nothing will happen to me. Now, while I certainly don't want to be attacked, I think I'll

**Continued on page 9**



**LET'S DANCE** — Brenda Dietericks, from Personnel, joyfully tries to gouge out Joe Lyle's eyes during a practice session.

## 'Good 'ol days' may not have been so good

Think your job is too restrictive? Ever wish you could go back to the "good old days," when life was slower and things were simpler? Let's say you found a way to go back in time and journeyed back to the year 1852. Chances are that you would be in for quite a surprise, and that the good old days weren't quite as good as everybody said they were.

Need proof? Below is a "Notice to Employees" from the Burnley Cotton Mill office, which was published in 1852. The notice lists the regulations under which the clerical staff would work 130 years ago. They are as follows:

1. Godliness, cleanliness, and punctuality are the necessities of a good business.
2. This firm has reduced the hours of work, and the clerical staff will now only have to be present between the hours of 7:00 a.m. and 6:00 p.m. on weekdays.
3. Daily prayers will be held each morning in the main office. The clerical staff will present.
4. Clothing must be of a sober nature. The clerical staff will not disport themselves in rainment of bright colors, nor will they wear hose unless in good repair.
5. Overshoes and topcoats may not be worn to the office, but neck scarves and headwear may be worn in inclement weather.
6. A stove is provided for the benefit of the clerical staff. Coal and wood must be kept in the locker. It is recommended that each member of the clerical staff bring four pounds of coal each day during cold weather.
7. No member of the clerical staff may leave the room without the permission of Mr. Rodgers. The calls of nature are permitted and clerical staff may use the garden below the second gate. The area must be kept in good order.
8. No talking is allowed during business hours.
9. The craving of tabacco, wines or spirit is a human weakness, and as such, is forbidden to all members of the clerical staff.
10. Now that hours of business have been drastically reduced, the partaking of food is allowed between 11:30 a.m. and noon, but work will not, on any account, cease.
11. Members of the clerical staff will provide their own pencils. A new sharpener is available, on application to Mr. Rodgers.
12. Mr. Rodgers will nominate a senior clerk to be responsible for the cleanliness of the main office and private office and all boys and juniors will report to him 40 minutes before prayers and will remain after closing hours for similar work. Brushes, scrubbers, and soap are provided by the owner.

The new increased weekly wages are as hereunder detailed: Junior boys (up to 14 years), 20 cents; Juniors, 45 cents; Junior clerks, 85 cents; Clerks \$1.00; Senior Clerks, \$2.00 after 15 years with the company.

The owners recognize the generosity of the new labor laws, but will expect a great rise in the output of work to compensate for these utopian conditions.



**WHEN THE BALL IS OVER** — Jeff Carpenter, from Metro Rail, tries to break Deborah Stinnett's hold on him. No chance, though. She thinks he mentioned something about a drink and dinner and she's not about to let go. Tanya Allen gets a chuckle out of it as their instructor, Transit Officer Rueben Chavira, turns away in disgust.



**HEY, THIS IS FUN** — Instructor Jesse Webster (left) watches in mild amazement as Personnel's Andre Hanna and Suzanne Rothlisberger, from the News Bureau, wrestle their way through a hold-breaking technique.





**SPECIAL AWARDS** — The California National Guard recently honored three District supervisors for their support of the Guard mission. (Above, left) Joseph Bukowski, Div. 1 manager, and Transportation Superintendent Leila Bailey display his Golden Seal Award. All three of the recipients were nominated by Div. 9 Operator Robert Hall, for their firm support of their co-workers efforts in the Guard. (Above) Leila Bailey and Hall (Right) display the Golden Seal Award presented to Div. 18 manager John Adams and (Below, left) Director of Transportation Roland Krafft is shown presenting Superintendent of Transportation Services G.L. Diehl (Right) his Golden Seal Award.

## TRIPPERS

### PURSENAPPER SKUNKED

On election day, early last November, Marinda O'Neal from Metro Rail and Joyce Libasora from Employee Development were waiting for their bus home with some friends. As the bus pulled up to the stop and they were about to board, Joyce happened to look down in time to see someone's hand in Marinda's purse. Without stopping to think about it Joyce hit the purse-nappers elbow and told him loudly to get lost. Although the would-be thief had opened and unzipped the top compartment in Marinda's purse, and had his hand all but covering her wallet, he lost no time in leaving the area after Marinda accosted him.

It just goes to show you that it isn't just your own purse or pockets you need to keep your eyes on, but those of the people around you as well.

### CAL MART INFO CENTER

RTD employees can assist the public by spreading word that the District's new California Mart Customer Service Center in downtown Los Angeles is open Saturday and Sunday.

Located on Main Street just south of Olympic Boulevard, RTD's Cal Mart office is open between 7 a.m. and 7 p.m. weekdays and 10 a.m. to 6 p.m. on weekends.

Bus riders can purchase RTD monthly passes and tickets at this center and obtain bus schedules and free brochures on RTD service. RTD also staffs an information booth daily to assist patrons who have questions about schedules.

## NEW ARRIVALS

### ANDREW LANDIS

Steven and Penny Landis, both are Div. 8 operators, are proud to announce the arrival of a son, Andrew. Andrew was born on Dec. 12, 1982, weighing in at 8 lbs., 6 oz., and measured 21½ inches. He joins four older sisters and a brother.

### HEATHER JUVAL BENNINGHOVEN

Dorothy and Michael Benninghoven, she works in Inventory Control and he works in the print shop, proudly announce the birth of their daughter Heather Juval on November 30. Heather weighed in at a hefty 8 lbs, 3 oz., and measured 21½ inches at birth. Heather joins an older brother, Michael. Heather has also joined an RTD family; in addition to both her parents, her Great Aunt Aurora Burnett works for the District as a Utility B in Div. 1 and her Great Grandmother Julia Mendoza retired from the District about ten years ago as a Utility B in Div. 5. Give Heather a few years and who knows, she may join the fold as well.

### VIVIAN OLIVIA MARTINEZ

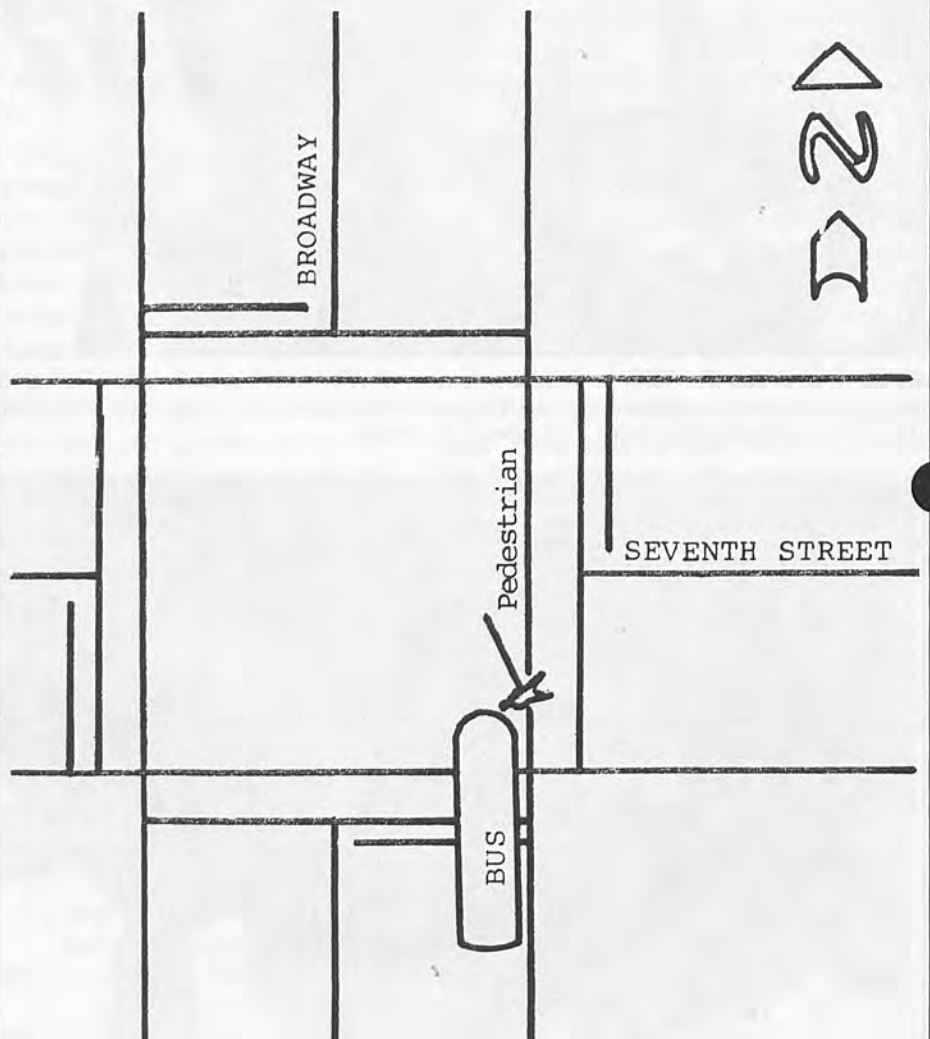
Art Martinez, he's a sheet metal worker at South Park Shops, and his wife Deborah are proud to announce the arrival of a baby daughter, Vivian Olivia. Vivian weighed in at 6 lbs., 11 oz., measuring 20 inches and was born on Dec. 24. Vivian joins an older brother and sister and Art says that mother and new-born daughter are doing fine.



## You be the Judge

### OPERATOR'S STATEMENT:

As the bus operator approached the intersection where he intended to make a left turn, a policeman signaled the operator to proceed with the turn. As the vehicle passed the policeman, he stepped backwards into the left rear corner of the bus. The operator observed the policeman backing into the bus, but he was unable to stop in time and the officer was injured.



Although the police officer was struck by the bus, the review committee felt a police officer directing traffic is not an ordinary pedestrian and should have been aware of the bus. For this reason the accident was judged non-preventable.

**ANSWER:**



# SAP gets you back to work

If you are injured on the job, there's at least one option open to you besides drawing Worker's Compensation. Under guidelines established by the District, you may be able to qualify for the Special Assistants Program.

Completely voluntary, the Special Assistants Program is designed to ease an injured employee back to work. "Specifically, we hope this program will help a worker, through light work, get back to their original job," says visiting nurse Elia Borja. "Although," she adds, "at this point at least two people have done so well in the Special Assistants Program that they've caught the eye of the department head and have made a successful transition away from their original job and into the new positions."

Most jobs in the program consist primarily of light clerical work, safety inspections, maintaining records and statistics and Board of Directors related activities." Jobs are tailored to meet the individual needs of the injured worker and the department head," Borja said. Since the program began in August 1981 about twenty people have taken part in it, Borja says, while four are currently involved with the program and four more slots are open.

As an incentive, the District carries workers involved in the Special Assistants Program on salary at about 15 percent more than they can draw from Worker's Compensation and continues their full benefit package as well. "We see this program helping to fill in the gaps between the availability of

personnel and the work needing to be done throughout the District," Borja said.

Bob Waters, currently an assistant records custodian working closely with the District Secretary's office, was a driver for 13 years before he joined the program after sustaining an injury. Waters is all for the program. "I think it's not only worthwhile," he says, "but it should be expanded." After being in the Special Assistants Program for about six months, Waters says, a permanent position opened up and he took it. "The program gave me legitimate work to do, not busy-work, and let me know that I was valuable to the District. That helped give me a sense of confidence," Waters said. "I'm convinced that the program is good for everyone involved," Waters added.

**RECOGNITION DINNER** — (Below) General Manager John A. Dyer addresses a group of District employees responsible for the major increase in United Way donations this year. The United Way folks sponsored a "Thank You" dinner on Dec. 7 for all of the people responsible for this year's increase. They included:

AGUERREBERE, Theresa; ALTIG, Al; ANDERSON, Doug; ANDERSON, John; ARNOLD, Janice; ARROYO, Annadean; AVERITT, Allison; BAKER, Steve; BILLINGSLEY, Robert; BURNISTINE, Joe; CARONNA, Paul; CHAPMAN, D.D.; CLEMENTS, Vorie; CURIEL, Carlos; CRAWFORD, Howard; DANIELS, Herbert; DARENSBOURG, Eileen; DIMON, Dick; DUKE, James; DYER, John; ELKS, Edward; FALCON, Bruno; GARCIA, Soul; GRANDY, Jim; GUSKOS, Antonio; HAAG, Bill; HANIGAN, John; HARRIS, Alvin; HARDGROW, John; HASEN, Jethro; HERNANDEZ, Bill; HERNANDEZ, Manuel; HERNANDEZ, Natalie; HORNE, Tom; HUNT, Richard; JACKSON, Fred; JACKSON, James; JONES, Paul; KETRING, Bob; KING, James; KING, Patricia; KING, Valerie; KOVAK, Bill; YANDELL, C. Lister; LONG, Jerome; LYNUM, Hamilton; MADRID, Rudy; MILLER, Helen; MIRANDA, Art; MOBLEY, L.C.; MOORE, Gere; MOSBY, Charles; MONTANO, Lynn; MONARREZ, Art; MUNOZ, Sgt.; NESS, Donna; NEWTON, Barry; OWINGS, Jim; PATERNOSTER, E.L.; PAULL, Ed; PEREA, Leo; PIETROTAOLO, E.A.; PROCTOR, Charles; REYES, Al; RICHARDSON, Elbert; SANSON, David; SHELDON, Dave; SHIELDS, Don; SMITH, Leroy; SMITH, Scott; SORENSON, Kai; STEPHENS, W.C.; STROUD, Kenneth; THOMPSON, Jim; THOMPSON, Dona; TURPIN, Ray; URESTI, Joe; VARGA, Vicki; VINCELETE, Fred; WALKER, Garland; WARD, Connie; WILLIAMS, Eugene; WILSON, Daniel; YUMORA, Vic.

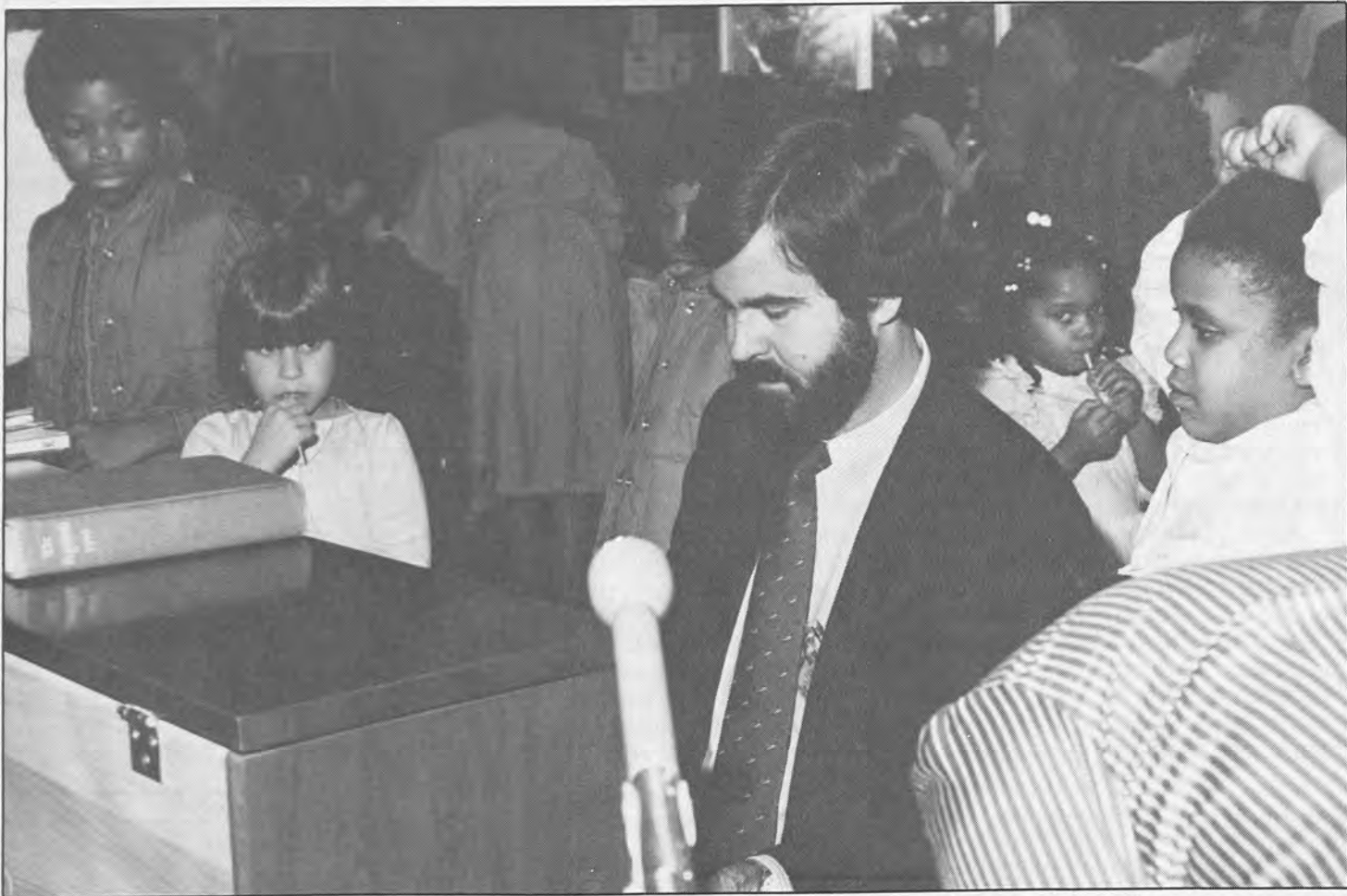


**EMPLOYEES** — (Above, left) December's Employees of the Month were, from left to right, Operator Enrique Serrano (Div. 9), Maintenance employee Raleigh Farris (Div. 12) and Information Operator Rebecca Gamero. Also shown (L-R) are: Board member Nick Patasouras; General Manager John Dyer; Division 9 manager James Cenderelli; and Manager of Customer Relations, Bob Williams.

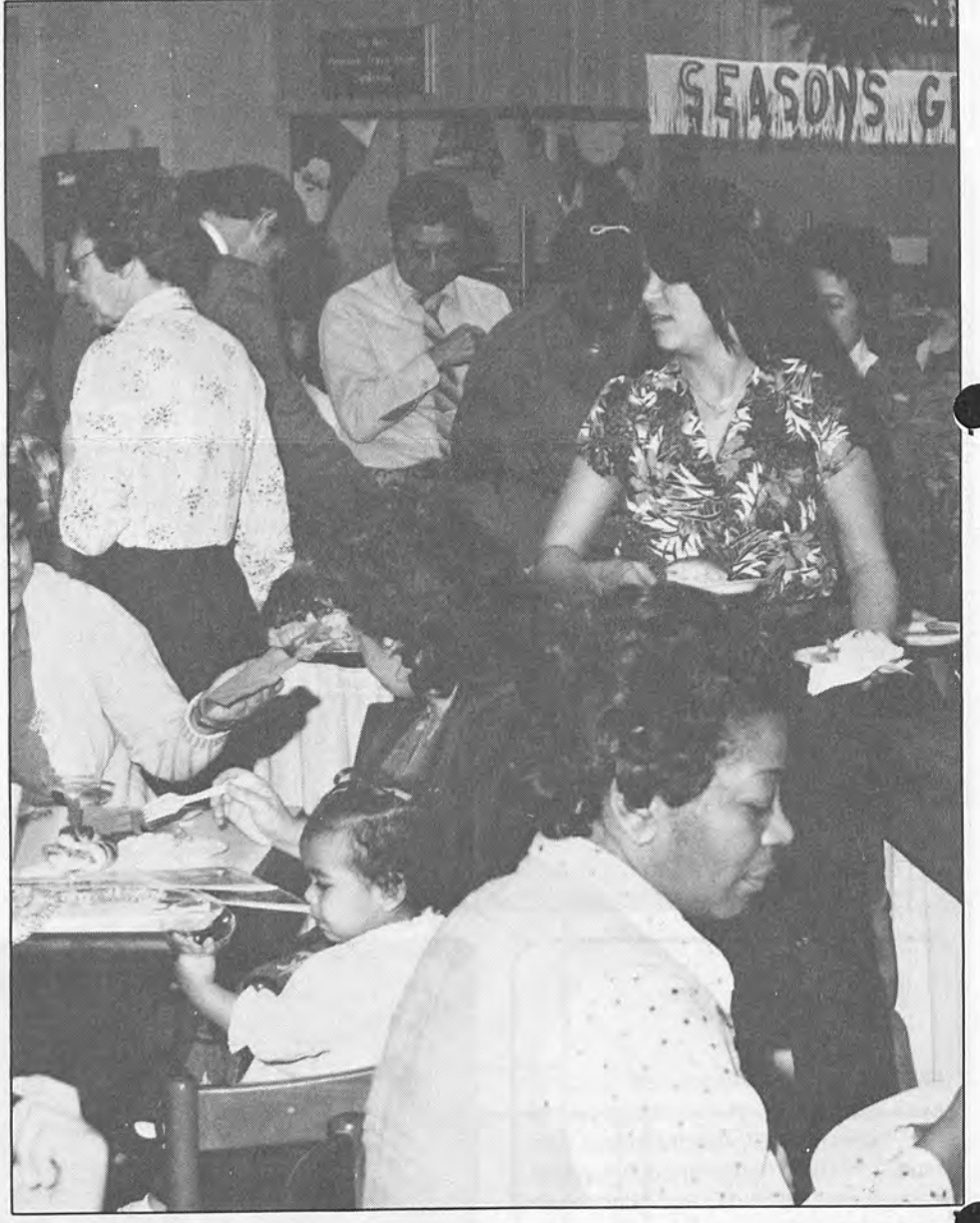
**BLOOD DRIVE** — Elia Borja (standing, left) supervises Red Cross volunteers as they take blood donations from Jo Ann Rico and Barry Newton, both of Personnel, during a recent blood drive. With 94 donors this year RTD achieved a 42 percent increase over last year's donations. The blood is taken from donors in drives like this all over the country and then is separated into at least six different components ranging from platettes and clotting agents to plasma.







**MERRY CHRISTMAS** — (Left) Steve Parry, from Planning, gets into the swing of the holiday season playing Christmas carols during the headquarters party on Christmas Eve. (Below) The cafeteria began filling up early Christmas Eve as employees and their children lined up for a buffet lunch. (Below left) Later that evening over at Division 2 the kids boogied to a DJ and a stack of great records. (Bottom) While everyone tried to get in a half day of work at headquarters Christmas Eve, Mrs. Claus (Right) played by Betty Sconce, and her helper, Brigitte Carl, entertained the children in the Board Room with songs and games while they waited for Santa to make his appearance. All over the District preparations were under way for Christmas parties scheduled for later that night.





# T'was the night before Christmas . . .

T'was the night before Christmas, and all through the District everyone was stirring. Although a few divisions had already finished their Christmas parties either earlier that week or at lunch time on Christmas Eve, most were still preparing for the evenings festivities.

Like families the world over, RTD'ers were putting the finishing touches on their decorations, changing into their party clothes and looking forward to celebrating another holiday season with their friends

and loved ones.

I usually try to avoid inserting myself into the stories I write because, as a journalism professor of mine once said, "You can't write yourself into a story and still report it objectively." I'm going to make an exception this time, though.

I've worked a lot of different places, doing a lot of different things, but I have to tell you that I have never seen anything like this last Christmas holiday anywhere I've worked before. I went to over a dozen parties that week

before Christmas, most of them on Christmas Eve, and everywhere I went I was overwhelmed by the people I saw and met. After six months on the job I've seen enough of the District to know that some very special people work here. This was something bigger than just special folks, though. In the best sense of the word, each party was like a family get together. I know it may sound a bit corny, but there it is. At each party I went to I was struck by the sense of belonging that surrounded

everyone there, the obvious camaraderie they shared and the pure good fun they were having with each other's company.

It's a very special gift to like your work and the people you share it with enough to be able to create that "family feeling" when you come together. For me at least, it was the best part of this particular Christmas. Thanks to all of you for letting me share it with you. I'm looking forward to next Christmas.

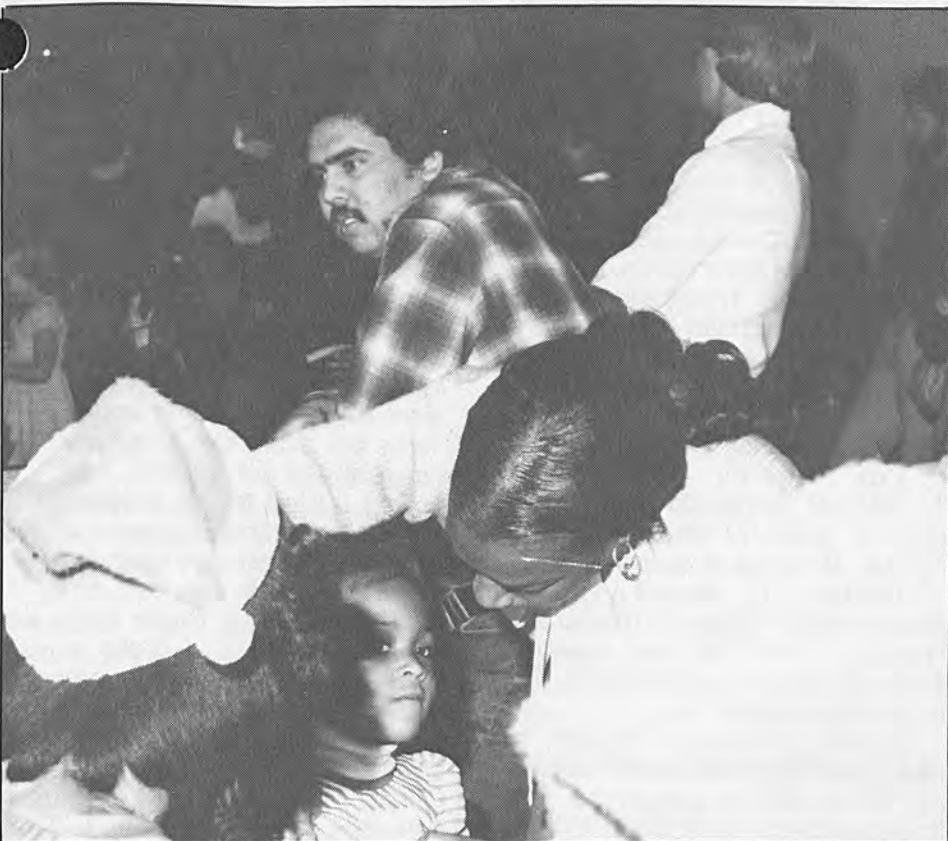
P.S. have a great 1983.

**A CHRISTMAS STORY** — (Right) Division 9 went all out for their party this year, including bringing in a bagpipe and drum unit of the Royal Canadian Legion. (Below) Although beautiful to look at, this ginger bread house was not for eating as those at the headquarters party found out.



**DECK THE HALLS** — (Below) These singers, from the Personnel Department, sang on while all around them people enjoyed their lunch at the headquarters party. (Below, left) Leila Bailey signs in her granddaughter, four year old Leishawn, for a visit with Santa Claus.

**ABOUT THE COVER** — Santa Claus, played at Div. 9 by Allan Styffe, listens while five year old Jaime Sanchez tells him what she wants under her Christmas tree this year.







# TO YOUR HEALTH

By Elia Borja, RN  
Visiting Nurse

Various techniques have been developed in response to the needs of persons wanting to learn how to reduce internal stress. The following exercise is similar to techniques and disciplines of meditation and other types of stress reduction.

1. When starting any type of relaxation or stress reduction exercise choose a comfortable area with little or no noise and a comfortable chair.
2. Choose a one syllable word or sound with little or no personal meaning — the word can be any sound that will be repeated for a focus (e.g. one, the, then, this).

### COMFORTABLE AND QUIET

A relaxed and restful attitude should be attempted and when thoughts enter your mind you should slowly and calmly repeat your syllable to push the distracting thoughts away. In the beginning, this relaxation exercise should be practiced for 10 minutes. These techniques require practice to achieve a deep level of relaxation and for maximum effect, must be practiced daily without stimulation. After exercise and/or meals the body is stimulated and is not easily relaxed. Wait at least 1½ to 2 hours after any stimulation to practice your stress reduction techniques.

### THE EXERCISE

1. Sit in a quiet, restful area in a comfortable chair, preferably with arms.
2. Let your chin slowly touch your chest, your arms should be supported on the chair or let them hang comfortably by your sides. Now close your eyes and be comfortable.

3. Breathe calmly and evenly. Breathe in and say your syllable, breathe out repeating the sound. Breathe evenly. Repeat the sound with each inhalation and each exhalation. Continue even and calm breathing. When you first start learning this part of the exercise practice for 10 minutes (check your watch but do not use an alarm). When you have practiced often and feel confident then extend the exercise to 20 minutes.
4. When the time elapses sit quietly for a few moments with eyes closed. Then open your eyes and calmly become aware of your surroundings. Slowly sit up and finally stand after a few minutes. With practice, a deeper relaxation will be reached and it will become easier to relax and distracting thoughts become easier to push away.

A final note, this exercise should not be done while laying down unless you wish to fall asleep.



# GUESS WHO?

Fifty-five years ago, about when this photo was taken, this month's Guess Who? was only four years old. Now she's all grown up and working somewhere in the Personnel Department. A District employee for the last eight years, our mystery guest has worked in Personnel, Marketing, and Rapid Transit as well. See if you can figure out who it is.

that November's Guess Who? was Allan Styffe.



GUESS WHO?

Remember, all correct written guesses will be placed in a box and a drawing will be held to determine the winner.

Our winner for last month is Roy Starks, from Division 1, who guessed correctly

YOU ARE CORDIALLY INVITED  
TO JOIN THE FAMILY, FRIENDS AND CO-WORKERS  
OF

## JOHN S. WILKENS

MANAGER OF EMPLOYEE RELATIONS  
SOUTHERN CALIFORNIA RAPID TRANSIT DISTRICT  
IN CELEBRATING HIS RETIREMENT  
AFTER 34 YEARS OF SERVICE

FEBRUARY 25, 1983

6:00 P.M.

DINNER AT 7:00 P.M.

THE PROUD BIRD

11022 AVIATION BLVD.

\$15.00 INCLUDES DINNER, TAX, TIP & GIFT  
(PAYMENT MUST BE RECEIVED BY FEBRUARY 15, 1983)

FOR RESERVATIONS

MAKE CHECKS PAYABLE TO S.C.R.T.D.

FORWARD TO DIANE DELANEY

425 SO. MAIN STREET

LOS ANGELES, CA 90013

(213) 972-6675

# RECREATION NEWS

Travel plans for 1983 are well underway. Although additional trips may be added, the following listings are our most popular requests and they have been added to our schedule.

Plan now to take advantage of our group discount trip. Sometimes it's more fun to go as a group.

March 4-6—Las Vegas Weekend—Golden Nugget Hotel, downtown Las Vegas. \$68.00 double occupancy; \$60 triple occupancy, and \$116 single occupancy. \$30 deposit due at time of reservation. Balance due February 18. Trip includes bus transportation, hotel and baggage handling.

May 13—Mississippi Queen Holiday—A 7-night journey from Memphis to New Orleans by steamboat down the Mississippi through the heart of Dixie. Fly to Memphis, cruise to Greenville, Vicksburg, Natchez, St. Francisville and New Orleans, \$1,795.00 per person. \$500 deposit due February 4. Final payment due on March 12.

May 29—Caribbean Cruise aboard the Carnival. Ports of call are Samana, San Juan and St. Thomas. \$870 or \$970 depending on cabin choice. A \$250.00 per person deposit due February 18. Balance due March 25. Trip includes round trip air fare transfers to the Carnival and overnight accommodations in Miami before boarding the ship.

June 10—Ensenada-Weekender cruise on the Azure Seas. Three nights; the most satisfying short vacation in the world, \$363 for inside deck lower beds. \$100 deposit due April 1. Balance due May 6.

July 15-17—Las Vegas Weekend at the Golden Nugget downtown. \$68 double occupancy, \$60 triple occupancy, \$116 single occupancy. \$30 deposit due at time of reservation. Balance due June 11. Trip includes bus transportation, hotel and baggage handling.

August 19—Alaska cruise. Fly to Vancouver from Los Angeles, cruise Alaska for 7 days. Fly back to Los Angeles. \$1,152.00 or \$1,342.00 depending on cabin choice. \$300.00 deposit due by April 8. Balance due June 11.

October 11—Hawaii vacation. Seven days, 2 islands (Oahu and Hawaii), \$580.00 per person, \$100.00 deposit due June 3. Balance due August 5.

Unless otherwise stated, all rates quoted are double occupancy. Reservations cancelled after final payment are subject to can-

cellation fees.

The Universal Amphitheatre is still going strong and January headlines with the incredible Johnny Mathis. The District's discount night is set for Friday, January 28. \$17.50 tickets can be purchased for \$16.50.

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#####

On February 4, Ella Fitzgerald, one of the all time jazz greats, will be performing a memorable show. The \$20.00 tickets are discounted to \$18.00.

#####

It is an exhilarating experience, the first time you see a California Gray Whale. Stories and photographs of these enormous sleek mammals do not prepare you for your first sighting. The California whale watch has become so popular in recent years that almost every cruise is a sell-out.

You and your family can take advantage of this rare opportunity and enjoy the event at discounted prices. January 22 is the date, leaving from San Pedro at 12:30 p.m.; adults, \$6.00; children, 2-11, \$5.25; under 2 Free.

#####

The Harlem Globetrotters will invade the Forum on January 22-23. With two dates and 3 performances to choose from, no one should have to miss the Kings of Basketball Comedy; January 22, 2:00 p.m. and 8:00 p.m. and January 23 at 1:00 p.m., \$9.50 loge seats for \$7.50.

#####

The Los Angeles Lakers will meet the Boston Celtics on February 23 at the Forum. Due to the popularity of this event, no discount is available on the \$8.50 colonnade seats; however, we do have them available for sale. The Forum is sold out for this event, so if you want to catch the live action, the seats are available. Don't wait because these will go fast.

Just added to the collection of items sold by the Employee Activities Department are navy sweatpants to match the new navy V-neck sweatshirts. These items sell for \$7.00 each and make a nice casual outfit for fun and games.

For information on these or any recreational activities, you may contact the Employee Activities Office, Monday through Friday, 8 a.m. to 4 p.m. on 972-6580.



# SCHEDULE CHANGES

## MOVING UP

**Anderson, Douglas**, from Supv. Tel Info to Tel. Info Systems Coordinator

**Amos, Johnnie M.**, from Info Clerk to Ticket Clerk

**Avalos, Manuel**, from Mechanic B to Mechanic A

**Balian, Elias**, from Mechanic B to Mechanic A

**Boucher, David**, from Mechanic C to Mechanic B

**Boyer, Robert**, from Mechanic C to Mechanic B

**Brooks, Dorothy F.**, from Ticket Clerk to Svc. Director

**Brown, Joe L.**, from Mechanic B to Mechanic A

**Brown, Walter**, from Prop Maint B to Prop Maint A

**Castro, David**, from Mechanic C to Mechanic B

**Castro, Frank**, from Mechanic C to Mechanic B

**Chavez, Manuel**, from Electronics Engineering Tech to Drafting Tech

**Chui, Donald**, from Mechanic C to Mechanic B

**Crise Jr., William K.**, from Acting Staff Asst to Staff Asst.

**Cuellar, Carlos**, from Mechanic B to Mechanic A

**Curtis, Martha**, from Oper. Analyst to Admin Analyst

**Dang, Son**, from Mechanic B to Mechanic A

**Dear, Marsha A.**, from Revenue Clerk to Accts Payable Clerk

**Diaz, Ovidio**, from Mechanic B to Mechanic A

**Estrada, Jose**, from Mechanic C to Mechanic B

**Famighetti, Richard**, from Mechanic C to Mechanic B

**Ferree, Jeffrey**, from Mechanic C to Mechanic B

**Flowers, Dennis**, from Transit Police Inv to Transit Police Sgt.

**Fletcher, Ralph**, from Mechanic B to Mechanic A

**Fox, Karen F.**, from Computer Programmer to Programmer Analyst

**Franklin, Juanita**, from Secy to Senior Secy.

**Gephart, Rex J.**, from Planner (A/N) to Planner.

**Gonzalez, Rafael**, from Mechanic B to Mechanic A

**Greene, Thomas**, from Mechanic B to Mechanic A

**Hess, Sammy**, from Mechanic C to Mechanic B

**Hirth, John**, from Mechanic B to Mechanic A

**Holmes, Scott T.**, from Planner to Sr. Planner

**Hong, Soon**, from Mechanic B to Mechanic A

**Jarutirasarn, Santi**, from Elec Comm Tech to Sys Elec Comm Tech

**Jauregui, Rosendo R.**, from Mechanic B to Mechanic A

**Kangarloo, Rahmat**, from Janitor to Cash Clerk/Mopper Waxer

**Jorge, Francisco**, from Elec Comm Tech to Sys Elec Comm Tech

**Keene, Gwendolyn P.**, from Secretary to Sr. Secretary

**Lattimore, Buster**, from Mechanic B to Mechanic A

**Leon, Nancy J.**, from Adm. Specialist to Senior Planner

**Mendoza, Lydia L.**, from Info Clerk to Ticket Clerk

**Monreal, Francisco**, from Mechanic B to Mechanic A

**Morin, Jerald R.**, from Trans Police Officer to Trans Police Sgt.

**Nielson, Keith**, from Mechanic B to Mechanic A

**Oblander, Gordon**, from Mechanic B to Mechanic A

**Ortiz, Leo**, from Mechanic A to Mechanic A Lead

**Paulino, Romulo**, from Mechanic B to Mechanic A

**Payne, Fred**, from Mechanic B to Mechanic A

**Perry, Wynston A.**, from Messenger Clerk to Revenue Clerk

**Phifer, Susan P.**, from Stat Analyst to Planner

**Piercy, Norman M.**, from Elec Comm Tech to Sys Elec Comm Tech

**Pinto, Gilbert P.**, from Mechanic C to Mechanic B

**Podrasky, Paul B.**, from Mechanic C to Mechanic B

**Remata, Lawrence**, from Mechanic B to Mechanic A

**Robertson, Andrea**, from Mopper Waxer to Cash Clerk

**Reynoso, Frank**, from Mechanic B to Mechanic A

**Riccio, Eric K.**, from Mechanic C to Mechanic B

**Rojas, Manuel**, from Mechanic B to Mechanic A

**Sauceda, Estaban**, from Mechanic B to Mechanic A

**Saucedo, Ignacio**, from Elec Comm Tech to Sys Elec Comm Tech

**Schwanke, Richard L.**, from Mechanic C to Mechanic B

**Steger, Freddy**, from Mechanic B to Mechanic A

**Stiles, Robert**, from Mechanic C to Mechanic B

**Summers, Margie A.**, from Programmer Analyst to Sr. Programmer Analyst

**Sutherland, Dale**, from Mechanic C to Mechanic B

**Thompson, Cornelius**, from Mechanic B to Mechanic A

**Thompson Willie**, from Mechanic C to Mechanic B

**Tolbert, Clifton**, from Utility B to Utility A

**Tolbert, Vanessa**, from Mopper Waxer to Cash Clerk

**Tontz, Stephen**, from Planning Asst to Planner

**Torres, Ignacio**, from Mechanic B to Mechanic A

**Tran, Tri-Chan**, from Mechanic C to Mechanic B

**Turpin, Raymond**, from Oper. Analyst to Admin. Analyst

**Vanderpool, John**, from Mechanic B to Mechanic A

**Watson, Dennis**, from Mechanic C to Mechanic B

**Wimberly, Namon L.**, from Mechanic B to Mechanic A

## COMMENDATIONS

Mary Soloman, Div. 12—

Today several people will be thanking an unknown RTD driver for their lives. We were rolling along the Long Beach Freeway on Line 755 when several cars piled up in front of us - and our driver immediately shouted to us to hold on while she made a desperate attempt to stop - as we watched in horror, feeling certain that she would not. But she did - with only inches to spare. It took me two hours to calm down, thinking of how it would have been if that huge bus had plowed into all those little cars. We were very fortunate, because of her quick thinking, even those of us who were probably asleep were spared the bumps that we might have suffered. We were even lucky enough to back up and immediately go on our way, and avoid the traffic tieup that naturally follows an accident. I felt so impressed by our driver's quick thinking and skills that I had to write. She deserves an extra thank you; especially from those people in those little cars. I hope you will do something to give her the credit she deserves.

Sincerely,  
Elsie B. Holmes

To Whom It May Concern

I am a retired police officer and have just spent three weeks in Los Angeles on holiday. My friend's car was not readily available, so I opted for R.T.D. Services.

Your telephone enquiry operators were courteous and very helpful, nothing was too much trouble for them, they virtually planned my holiday routes for me. I have traveled extensively, France, Ger-

### SELF-CONFIDENCE Continued from page 3

know how to handle it if I am. It's an interesting feeling, one I'm not used to, and it scares me a bit. Although not as much as the thought of being attacked does."

"That's the kind of attitude we're trying to build in these classes," says Pam Tilman, the Transit Police officer who designed and coordinated the classes. "We're hoping that a little education will go a long ways towards taking some of the fear out of coming to work and will leave the people who take the classes feeling a bit better about their own ability to handle something if it does happen to them," Tilman added.

Tilman says her department has been asked by the Redondo Beach police to hold these classes for bus patrons in their area and that plans are being made to take them out into the divisions in the near future. If you are interested in taking one of these classes when they begin again, keep your eyes on the bulletin boards where you work for dates and places.

many, Spain, Italy etc., but, although I know comparisons are odious, R.T. D. takes first place. Your buses are clean, and your drivers are immaculately turned out. Whilst we accept the different personalities involved, every driver I came into contact with, was most polite and helpful and are a credit to you sir.

I have "had a ball" and I must say it was because of R.T.D.

Thank you very much,  
A.A. Pook  
Abedare, Mid-Glam  
South Wales, United Kingdom

### DIVISION 2

Kenneth M. Jones  
Terrie L. Sims  
Connie L. Amstone  
Harold Jordan, Jr. (2)  
Rodney A. Tatum  
Albert Evans  
Joseph H. Johnson  
Valerie Crawford  
Catalina Ramirez  
Raphaella D. Schmaderer  
Albert E. Troy (2)

### DIVISION 3

Norma E. Safdar  
Carolyn A. Proctor

### DIVISION 5

Marie Vines (2)  
E. A. Mitchell  
Darrell L. Counter  
Lawrence L. Moss  
Ray A. Perry, Jr.  
Oliver T. Foster

### DIVISION 7

Milton Turner  
Duane F. Jackman

### DIVISION 8

Roger L. Mullins  
Roy J. Soden  
Charles J. Blatt

### DIVISION 9

Theodore Pride  
Debbie M. Everett (3)  
Sidney Cheri  
Herbert W. Spencer  
John E. Legans

### DIVISION 12

Mary Solomon  
Walter Wadlington  
Norman L. Waltrip  
D. K. Hamilton, Sr.

### DIVISION 15

Nelson R. Alvarez  
Wallace Belsey, Jr.  
Marvin L. Teague  
Ramon S. Flores  
Eddie L. Gustin  
Rick D. Ware

### INFORMATION OPERATORS

Vivian Williams

## SHIFTING GEARS

**DeAscentis, William J.**, Operator has retired after 16 years of service

**Keys, Brady**, Utility A Lead has retired after 21 years of service

**Kidd, Charles W.**, Security Guard II has retired after 18 years of service

**Tolbert, Jessie K.**, Operator has retired after 14 years of service

**Womack, John**, Operator has retired after 23 years of service

## IN MEMORIAM

**Boone, Gerald**, Operator since May 19, 1962 passed away November 14, 1982

**Rossberger, Anne L.**, Ticket Clerk since May 12, 1943 passed away October 26, 1982

**Smith, Harold G.**, Operator since February 16, 1945 passed away November 7, 1982

**Stover, Earl L.** Operator since May 6, 1947 passed away November 9, 1982

**Ward, Clifton E.**, Operator since September 5, 1960 passed away November 24, 1982

**Wiggins, Leon**, Operator since April 8, 1976 passed away December 11, 1982

**Wright, John C.**, Operator since June 5, 1945 passed away November 20, 1982



## CLASSIFIED ADS

Employees and retirees of RTD may use this column free of charge. Ads will be limited to one per person each month and will not be held over for repeat. Ads should be submitted either typed or printed. Include your name, work location and company phone, and home telephone number.

District policy prohibits ads for commercial ventures and such will not be published or returned. Send ads to Headway, Location 32, 425 S. Main St., L.A. 90013.

### COMPUTER CLUB

All personnel interested in joining an RTD employees Apple Computer Club, please contact Mike Peterson at 979-1391 or ext. 6311/6511 for information and registration details.

### FOR SALE

Combination in-dash 23 channel CB, AM/FM 8 track stereo player. Fits most cars. Still in the box. \$175. Call (213) 794-4747.

### FOR SALE

'79 Porsche 911 SC. Silver on black, full leather, polished alloys, bra, spoiler, new p-7's plus extras. Call (213) 967-3911 days, (714) 559-4997 eves.

### FOR SALE

1974 12' flatbed, 4 spd, new paint, carries 80 bales of hay. Call 330-1915 AM or PM.

## ANNUAL CREDIT UNION MEETING

The Credit Union will hold its Annual Meeting on February 18, 1983 at 7:00 p.m. in the Board Room located on the second floor at 425 South Main Street.

*All Credit Union members are invited to attend.*

## HEADWAY

Published monthly for the employees and retirees of the Southern California Rapid Transit District.

Editorial input and suggestions welcome. Deadline for receipt of editorial copy is the 14th of each month. Send black-and-white photographs only, please. Requests for photographic coverage of District events must be preceded by 72 hours notice.

Mailing address Headway, 4th Floor, 425 South Main Street, Los Angeles, CA 90013. Telephone 231-972-6680.

Dennis Dobson, Editor

Effective immediately, APPOINTMENTS **MUST** BE MADE for pass photographs for employees, retirees, and their dependents. **WALK-INS WILL NOT BE PHOTOGRAPHED.**

### NEW HOURS:

## DISTRICT EMPLOYEES and DEPENDENTS

THURSDAYS 9:00 A.M.  
through 4:00 P.M.

## RETIRED EMPLOYEE and DEPENDENTS

TUESDAYS and WEDNESDAYS  
9:00 A.M. through 4:00 P.M.

CALL

**972-6753**  
for appointments

Southern California Rapid Transit District  
425 So. Main St., 6th Floor, Los Angeles, CA 90013

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